

FALL 2026



CLASS SCHEDULE

**CLASSES OFFERED IN CHEYENNE,
LARAMIE AND PINE BLUFFS**

SCAN THE CODE TO REGISTER FOR CLASSES TODAY!

[LCCC.WY.EDU/WORKFORCE](https://lccc.wy.edu/workforce)



GENERAL COURSE INFORMATION

Lifelong Learning

Since its inception, Laramie County Community College has provided educational services to varied populations within its service area. Noncredit continuing education courses are offered every semester through Outreach and Workforce Development, which include areas such as life enrichment, leadership and professional development training, career, and technical courses. These courses and programs are designed to stimulate students and improve their quality of life. Some offerings will encourage professional and academic progress and help develop creativity, and others will broaden a person’s scope and interests. **For a full list of classes go to lccc.wy.edu/Community.**

For information call:

- Life Enrichment 307.778.4381
- Adult Education 307.778.4381
- Laramie Classes 307.772.4251
- Eastern Laramie County Outreach Center 307.778.4381
- Career & Technical Workforce 307.778.1234
- Business & Innovation 307.778.4381

Accommodations

If you are in need of accommodations for the course you are registered for please contact us at least 30 days prior to the start of class. For a Life Enrichment class call 307.637.2456, for Workforce and Professional Development 307.778.4381.

Nondiscrimination Statement

Laramie County Community College is committed to providing a safe and nondiscriminatory educational and employment environment. The college does not discriminate on the basis of race, color, national origin, sex, disability, religion, age, veteran status, political affiliation, sexual orientation or other status protected by law. Sexual harassment, including sexual violence, is a form of sex discrimination prohibited by Title IX of the Education Amendments of 1972. The college does not discriminate on the basis of sex in its educational, extracurricular, athletic or other programs or in the context of employment.

The College has a designated person to monitor compliance and to answer any questions regarding the college’s non-discrimination policies. Please contact: Title IX and ADA Coordinator, Suite 205, Clay Pathfinder Building, 1400 E. College Drive, Cheyenne, WY 82007, 307.778.1302, TitleIX_ADA@lccc.wy.edu.

Errors and Cancellations

This schedule of classes is not a contract, and the college does not assume liability for errors in scheduling. Please inform the college of any errors by calling any of the contact phone numbers listed.

The college reserves the right to cancel any class. The decision to cancel is usually made two business days before the first class meeting, and every effort is made to notify registered students promptly. A full refund is processed automatically unless the student decides to transfer to another class or section of a canceled class. Registering at least two weeks before a class begins helps avoid unnecessary cancellations. In order to ensure class enrollment, students should register with payment no later than two days prior to the start of a class. (Business Training will take enrollments up to the starting date of the course.) Students who wish to drop a class must do so no later than two business days prior to the start of the class.

Refunds

Class cancelled by LCCC 100%
Withdrawal 2 business days before class begins will be refunded minus a 6% processing fee.

 **Icon indicates that class refund policies may differ.**

Withdrawal after refund deadline No refund; payment required

Pro Rata Refund Policy - For programs state approved for VA payment, see Veterans Information Bulletin for program specifics, to include pro-rata refund requirements.

Guidelines

- There are a minimum number of people who must be enrolled before a class can be held (this number varies depending on the course).
- The Life Enrichment and Workforce office will notify (to the best of their ability) all students via email for course changes or cancellations.
- Anyone with an idea for a course is welcome to call Life Enrichment at 307.637.2456 or the Workforce and Development office at 307.778.4381
- Students are required to pre-register for their Life Enrichment and Workforce classes. Instructors are unable to accept registrations the day of class.
- Students must attend the section in which they are registered. Students may not attend an alternative section.
- Payment is required at time of registration.
- Please be aware that LCCC does not filter web content and, though they are under supervision, minors will have access to an open internet.
- Student’s must be at least 15 years of age or older, unless otherwise stated in class description, to register for a Life Enrichment class.
- All School of Outreach & Workforce Development students must adhere to the LCCC code of conduct, (www.lccc.wy.edu/life/handbook/index.aspx) while attending classes

Policy on Children and Guests in Class

Only enrolled students may attend a Life Enrichment or Workforce Training class. Children in attendance must meet the age requirements for enrollment in a class, as well as, be a registered student in the class they are attending.

Emergency Closure

In the event of inclement weather or any other emergency closure, students are instructed to listen to Cheyenne radio and TV stations for information regarding the cancellation of classes. Tune to the local media outlets as early as 6 a.m. for information or visit lccc.wy.edu.

Disclaimer

This schedule of classes, including tuition and fees, is not a contract, and the college does not assume liability for errors in scheduling or financial charges. Please call any discrepancies to the college’s attention. Instructors for courses may change from those listed.

TABLE OF CONTENTS

CHEYENNE LIFE ENRICHMENT CLASSES
A to Z + EVERYTHING IN BETWEEN4

Driver’s Education	4
Basic Pistol Class	4
Building A Retirement Income Plan	4
Maximizing Your Social Security Benefits.	4
Wine Appreciation	5
DOG TRAINING	5
Mind Your Manners	5
Puppy ABCs & 123s.	5
HEALTHCARE.	5
Medicare Basics.	5
Understanding Medicare Drug Programs	5
Medicare Advantage Plan, Long Term Care	5
Dementia for Caregivers	5
ARTS & CRAFTING	5
Adult Pottery.	5
Learn the ABCs of Crochet.	5
Handmade Lace.	5
Basics of Drawing	6
Painting Fundamentals	6
Continuing Painting	6
Advanced Community Painting	6
Basic Nuno Felting	6
Fall Into Flowers: A Floral Arranging Workshop	6
Basic Needle Felting	6
Basics in Chalk Pastels	6
LANGUAGE	6
Practical Italian 1.	6
Practical Italian 2	6
Practical Spanish	6
German for Beginners	6
FITNESS	6
Pickleball for Beginners	6
Pickleball- Advanced Beginners to Intermediate	7
Zumba	7
Tarot Meditation Yoga	7
EQUINE.	7
Mounted Tactics.	7
Barrel Horse Conditioning	7
MUSIC.	7
Adult Orchestra- Beginner	7
Adult Orchestra - Returning Players.	7
Orchestra Beginner Mid-Start	7
JEWELRY MAKING.	7
Jewelry Studio.	7
Introduction to Jewelry	7
Fused Glass Jewelry	8
Gardening	8
Nativescaping: Plant This Instead of That	8

EASTERN LARAMIE COUNTY OUTREACH CENTER CLASSES

Dance Fitness	8
-------------------------	---

LARAMIE CLASSES

Beginner Sourdough 101	13
Level Up Your Sourdough	13
Beginning Drawing	13
Drawing in Colored Pencil	13
Floral Arrangement Workshop.	13
Introduction to DSLR Photography	13
Landscape Painting	13
Still Life Painting on Canvas	13
Wine Appreciation	13

LARAMIE BUSINESS & INNOVATION CLASSES.

MS Excel Level 3	13
QuickBooks Online	13
Bridges Out of Poverty	13

CHEYENNE BUSINESS & INNOVATION CLASSES

Computer Skills Training	14
Adobe Acrobat PRO	14
Cybersecurity Made Simple	14
Google Workspace	14
Introduction to AI	14
Introduction to AI	14
Introduction to Power BI	14
MS 365 Copilot AI Essentials	14
MS Excel AI Assist.	14
MS Excel for Accounting	15
MS Excel Level 1.	15
MS Excel Level 2	15
MS Excel Level 3	15
MS Excel PivotTables & PivotCharts.	15
MS Excel Power Pivot.	15
QuickBooks Online	15
SQL Basics.	16
The Business Studio	16
Digital Marketing 101	16
Introduction to Social Media	16
Canva for Business	16
Newsletters for Business.	16

PROFESSIONAL & WORKFORCE DEVELOPMENT 16

Bridges Out of Poverty	16
Crucial Conversations	16
Enhancing Communication.	16
Making Effective Decisions	16
Navigating Beyond Conflict	16
Beyond the To Do List Strategies for Peak Productivity.	16
Connect and Collaborate: Building Your Onlinework At Work	16
Listen Up! The Power of Active Listening at Work	16
Say It Simply Clear and Confident Communication at Work	17
Unplug & Recharge Managing Stress and Preventing Burnout	17
Creating a Collaborative Culture	17
Introduction to Emotional Intelligence	17
Creative Problem Solving	17
Calm in Action: Easy Exercises to Reduce Anxiety	17
Building Resilience Through Rythms	17
Work Smarter Not Harder	17
Embracing Change	17
Critical Thinking Skills	17
Influencing Others	17

CHEYENNE CAREER & TECHNICAL TRAINING CLASSES

Entry Level Driver Training	18
CDL Class A	18
OSHA 10-Hour General Industry.	18
Weekend Welders.	18
CNC Precision Machining Bootcamp	18
Healthcare Education.	19
Certified Clinical Medical Assisting	19
CPR First Aid Heartsaver	19
CPR for Healthcare BLS	19



CHEYENNE LIFE ENRICHMENT CLASSES

SCAN TO REGISTER ONLINE AT [LCCC.WY.EDU/LIFEENRICHMENT](https://lccc.wy.edu/lifeenrichment) OR CALL 307.778.4381



A to Z + EVERYTHING IN BETWEEN

Driver's Education

The driver's education course is accredited by the Wyoming Department of Education and meets the basic requirements to convert a driver's permit to a license by the Wyoming Department of Transportation. Communication regarding required waivers and scheduling will be sent to the email provided at registration. Attendance for all components of this program is required for a completion certificate to be issued. The course is broken into two segments: classroom instruction and driving evaluation/observation. Students who do not successfully complete the course may be eligible for additional instruction time for a fee. Requirements for Completion:

1. 30 hours of Classroom Instruction:
 - a. Students can enroll in the classroom instruction portion any time after their 14th birthday.
 - b. This course is appropriate for students preparing to take their permit exam or anyone who has their learner's permit.
 - c. This course covers topics such as state driving laws, driver readiness, vehicle operation, basic maintenance and much more.
 - d. A parent/legal guardian must attend the first ½ hour to hour of the first class (for those students under 18)
 - e. Optional simulator time is available for registered driver's education students and can be scheduled by contacting the Life Enrichment office.
2. Driving Evaluation/ Observation:
 - a. 6 hours of driving evaluation can be completed once the student driver has their driving permit and has completed 25 of the required 50 DMV driving hours.
 - b. Proof of hour completion is provided by showing hours logged in the DMV Road Ready app.
 - c. Classroom instruction must be in progress or fully completed before a student can begin their driving evaluation time.

- d. Students must provide their own licensed and insured vehicle for their in-car evaluation drives 6 hours of in-car observation are completed observing a fellow student driver.
- e. The observation component can be completed at any time after a student has started their classroom session.

LIFE 1096.600	T, Th	5:30 PM-6:30 PM	CCI 143
Sessions: 9	Sa	8 AM-12 PM	Keith Tast
		\$313 9/15/26-10/3/26	
LIFE 1096.601	T, Th	5:30-6:30 PM	CCI 143
Sessions: 9	Sa	8AM-12PM	Keith Tast
		\$312 10/6/26-10/24/26	
LIFE 1096.602	Th	5:30 PM-8:30 PM	CCI 143
Sessions: 9	Sa	8 AM-12 PM	Keith Tast
		\$313 11/3/26-11/21/26	

Basic Pistol Class

This class is an introductory course on handgun safety and basic use. You will learn how to safely handle, store, and care for a handgun, along with an overview of Wyoming laws and basic self defense concepts. Handguns, targets, and class materials are provided, but you must purchase your own ammunition (about \$150). You must pass a safety review and attend all class sessions to complete the course. The class is held at Archer Shooting Complex, 13802 Bullseye Blvd., No personal firearms may be brought to class. Participants must be law abiding U.S. residents, age 21 or older, and follow the LCCC Student Code of Conduct and Archer Shooting Complex policies.

LIFE 1523.600	Th	6 PM-9:15 PM	Archer Complex
Sessions: 5		\$189 9/10/26-10/8/26	Shawn Puente
LIFE 1523.601	Th	6 PM-9:15 PM	Archer Complex
Sessions: 5		\$189 10/22/26-11/19/26	Shawn Puente

Building A Retirement Income Plan

With retirement within sight, now's the time to figure out how to turn your savings and investments into a paycheck - so you can live comfortably and achieve your goals. The challenge is easier said than done and comes alongside fears of spending too much and not having enough later, or the worry of denying yourself. In this class, we will discuss how to design your retirement income strategy to maximize income and minimize taxes. We will cover the basics of social security, investment management and how taxes may impact your plan. Jess Ryan is a CERTIFIED FINANCIAL PLANNER(TM).

LIFE 1928.600	T, Th	5:30 PM-7 PM	CCI 123
Sessions: 2		\$16 10/6/26-10/8/26	Jess Ryan

Maximizing Your Social Security Benefits

Social Security is an extremely complex pension system with numerous rules and nuances. It is not necessarily the job of the Social Security Administration to help you decide upon the best strategy for you and your family; they generally just do what you tell them without providing you with advice. This class will educate you on the potential benefits of deferring your Social Security and also provide claiming strategies for those of you who are married, divorced, or widowed. You'll also learn how to avoid costly mistakes and how to maximize your benefit. Jess Ryan is a CERTIFIED FINANCIAL PLANNER®.

LIFE 2140.600	T	5:30 PM-7 PM	CCI 123
		\$16 11/17/26	Jess Ryan

ACCREDITED BY THE WYOMING DEPARTMENT OF EDUCATION

DRIVERS ED

Classes Year Round!

REGISTRATION IS OPEN!

Scan the code to learn more or call 307.778.1236



Wine Appreciation

Looking for a class that’s equal parts fun and informative? This beginner-friendly wine course is designed for anyone looking to educate themselves on wine. Each session explores a new theme, from bold reds and crisp whites to sparkling selections and iconic regions like France, Italy, and beyond. You’ll pick up the essentials of how wine is grown and made, learn simple tasting techniques, and build the kind of wine vocabulary that makes ordering at a restaurant or choosing a bottle feel effortless. Every class includes a relaxed presentation to walk you through key concepts, plus tastings of 6–8 curated wines that bring the lessons to life. By the end of the course, you’ll feel confident navigating wine shops, menus, and conversations. Students must be 21 to register for this course. Be prepared to show your state issued ID card the first night of class.

LIFE 2173.600	W	6 PM-8 PM	RAC 206
Sessions: 4	\$210	10/7/26-10/28/26	Alex Gapinski

DOG TRAINING

Mind Your Manners

This class is designed to teach you how to teach your dog. You will learn how to teach basic house manners such as “sit”, “down”, “stay”, and walking on a loose leash. We will work on problem behaviors and learn some fun tricks. Dogs 6 months or older are welcome. All dogs are required to be current on vaccines, Rabies, Parvo and Bordetella (kennel cough). Bring proof of vaccinations to first in-person class. **PLEASE NOTE the first schuled class will be a 3-hour virtual orientation. A link will be sent to the email provided at registration.**

LIFE 1023.600	Sa	12-3 PM	Online
		FIRST DAY OF CLASS ONLY.	
	Sa	12:45 PM-2:15 PM	FT 104E
Sessions: 6	\$149	10/17/26-11/21/26	Cathy Anderson
LIFE 1023.601		2:30 PM-4 PM	FT 104E
Sessions: 6	Sa	12 PM-3PM	Online
		FIRST DAY OF CLASS ONLY.	
	Sa	10/17/26-11/21/26	

Puppy ABCs & 123s

Get your puppy started off on the right paw. This class is designed to teach you how to teach your puppy basic house manners, such as “sit”, “down”, “stay”, and walking on a loose leash. We will work on problem behaviors, such as jumping & mouthing and learn some fun tricks. Puppies 14 weeks to 6 months. All dogs are required to be current on vaccines, Rabies (as soon as old enough) Parvo and Bordetella (kennel cough). Bring proof of vaccinations to first in-person class. **PLEASE NOTE the first scheduled class will be a 3-hour virtual orientation. A link will be sent to the email provided at registration.**

LIFE 1025.600	Sa	11 AM-12:30 PM	FT 104E
Sessions: 6	\$149	10/17/26-11/21/26	Cathy Anderson
		12 PM-3 PM	Online
		FIRST DAY OF CLASS ONLY.	

HEALTHCARE

Medicare Basics

Join us for an informative session designed to help you understand the fundamentals of Medicare. Whether you’re approaching eligibility or assisting a loved one, this seminar will cover key topics such as enrollment periods, coverage options, costs, and important deadlines. Our goal is to equip you with the knowledge you need to make confident healthcare decisions.

LIFE 1415.600	M	6:30 PM-8:30 PM	CCI 123
	\$21	10/5/26	Erin Leblanc

Understanding Medicare Drug Programs

Navigating Medicare prescription drug coverage can be confusing - but it doesn’t have to be. This seminar will break down the essentials of Medicare Part D and other drug coverage options, including how plans work, how to compare costs, and what to watch for with formularies and coverage gaps (the “donut hole”). Learn how to choose a plan that fits your needs and budget and get tips for avoiding common pitfalls. A Q&A session will follow to address your specific concerns.

LIFE 1970.600	M	6:30 PM-8:30 PM	CCI 123
	\$21	10/19/26	Erin Leblanc

Medicare Advantage Plan, Long Term Care

Understanding your healthcare coverage options is crucial to planning for the future. In this seminar, we’ll explain the differences between Medicare Advantage Plans, Long-Term Care Insurance, and Medigap (Medicare Supplement Insurance). You’ll learn how each type of coverage works, what benefits they offer, how they fit into overall healthcare planning, and what to consider when choosing the best option for your needs. We’ll break down complex terms into clear, practical information to help you make confident, informed decisions. A Q&A session will follow the presentation.

LIFE 2077.600	M	6:30 PM-8:30 PM	CCI 123
	\$21	10/26/26	Erin Leblanc

Dementia for Caregivers

Anyone associated with dementia knows the pain and frustrations of helping someone they love. Nothing is right, nothing is good enough. Come to class and we will offer you helpful strategies to survive this terrible journey. The book: ABCs for Dementia Caregivers is included with the course fee.

LIFE 2185.600	T	5:30 PM-7:30 PM	CCI 123
	\$24	9/22/26	Patrice Gapen

ARTS & CRAFTING

Adult Pottery

Come play in the mud and learn about how to build things out of clay. Learn the methods of shaping, glazing and firing. Exploration and imagination strongly encouraged. All clay, glaze, firing and tools provided. All levels welcome. Come play in the mud! **No class Oct. 13**

LIFE 1781.600	T	6:30 PM-9 PM	FA 126
Sessions: 10	\$308	9/8/26-11/17/26	TJ Storer

Learn the ABCs of Crochet

Learn the basics of crocheting in this beginner-friendly class. Students will become familiar with common crochet terms, learn how to read a simple pattern, and complete an easy project such as a granny square blanket, basic hat, or scarf. Participants will leave with a finished piece and the confidence to continue crocheting on their own. Materials needed: One H (5.0 mm) crochet hook. Practice yarn and an instruction manual are provided. Project patterns and yarn choices will be discussed during the first class. **No Class Oct. 17**

LIFE 1809.600	Sa	2 PM-4 PM	TC 123
Sessions: 9	\$130	9/12/26-11/14/26	Pamela Hickman

The Basics of Hand Pieced Quilting

This hands-on class introduces the basics of hand piecing using the English paper technique and hand quilting. Students will create a sample quilt block while learning how to make a simple pattern, cut and stitch pieces, layer the quilt top, batting, and backing, and baste the layers together. Instruction will also cover quilting with a hoop using a running stitch and finishing the block with binding. No prior quilting experience is required. A list of supplies will be provided at time of registration.

LIFE 1960.600	Th	6 PM-8 PM	TC 123
Sessions: 10	\$159	9/17/26-11/19/26	Pamela Hickman

Handmade Lace

Learn three traditional lace-making techniques: crocheted lace, tatting, and knot lace. Each method offers a unique approach to creating lace for items such as doilies, clothing accents, shawls, and table linens. Students will practice each technique and complete three small doilies-one in each style. Required supplies include crochet hooks (#3, 8, and 10), one ball of #10 white thread, basic tatting needles (sizes #3, 5, and 8), and large-eyed, sharp-tipped sewing needles.

LIFE 1994.600	W	6 PM-8 PM	TC 123
Sessions: 8	\$130	9/16/26-11/4/26	Pamela Hickman

Basics of Drawing

This is a fun class for those who always wanted to learn to draw! Students will learn basics in shape, form, light, placement, shading and terminology to create the illusion of 3-dimensional space on a 1-dimensional canvas. By the end of the course, students will have completed one composition showcasing the skills learned. A supply list will be provided at the time of registration.

LIFE 2048.600	T	6 PM-8 PM	CCI 121
Sessions: 11	\$159	9/8/26-11/17/26	Pamela Hickman

Painting Fundamentals

Pull out your paints and get started on a journey of artistic expression. Topics will include the use of color, composition and balance to create informed pieces of art. Instruction will include hands-on demonstrations, guided observation, class discussion and critique. Acrylic paints are recommended for beginners; oil paints permitted. A supply list will be provided at time of registration.

LIFE 2053.600	Th	6 PM-8:30 PM	FA 130
Sessions: 8	\$236	10/1/26-11/19/26	James Overstreet

Continuing Painting

Ready to take your paintings to the next level? Dig deeper into content and practice, combining personal experience and creative thought into authentic subject matter. Students will be pushed to explore themes and deeper meaning, all while refining their foundational skills. Oil and acrylic mediums welcome.

LIFE 2073.600	Th	5:30 PM-8:30 PM	FA 130
Sessions: 8	\$236	10/1/26-11/19/26	James Overstreet

Advanced Community Painting

Develop advanced painting and perceptual skills while exploring and expanding personal content, materials, and technical approaches. Learn how to generate a statement about your work through personal objectives and peer critique. Expand your oil and acrylic skills with the opportunity to apply skills and concepts of painting to other media. **No class Oct. 17 and Nov. 27**

LIFE 2156.600	F	9 AM-12 PM	FA 130
Sessions: 14	\$250	8/28/26-12/11/26	Ron Medina

Basic Nuno Felting

This introductory class guides you in combining loose wool with recycled silk by applying water and friction, resulting in a lightweight fabric that stands out for its uniqueness and beauty. The completed project can be fashioned into a scarf, perfect for keeping warm from autumn through spring, or transformed into a table runner. All necessary materials are provided.

LIFE 2187.600	Sa	9 AM-3 PM	CCI 123
	\$107	9/12/26	Carolyn Bender

Fall Into Flowers: A Floral Arranging Workshop

Join us for an evening of floral fun! In this hands-on class, you will learn to build your own floral arrangement. We'll explore color theory, flower types, mechanics, and best practices for keeping your arrangements healthy. All materials are provided, including fresh florals, tools, and mechanics. You'll leave with a beautiful arrangement and the skills to create more at home!

LIFE 2188.600	T	5:30 PM-7:30 PM	CCI 130
	\$72	9/22/26	Lisa Rich

Basic Needle Felting

Discover how to sculpt charming creations such as animals, birds, holiday ornaments, and much more! You will build your 3-dimentional skills - perfect or making thoughtful gifts or decorating your home. We will use loose wool and spcial felting needles in this fun class that is suitable for all levels. All necessary supplies are provided.

LIFE 2190.600	Sa	9 AM-2 PM	CCI 121
Sessions: 2	\$146	10/24/26-10/31/26	Carolyn Bender

Basics in Chalk Pastels

This class will address the elements of chalk pastels, blending techniques and creating a final project (portrait or still life, student choice) **No class Oct. 17**

LIFE 2176.600	Sa	4:30 PM-6:30 PM	CCI 121
Sessions: 9	\$159	9/12/26-11/14/26	Pamela Hickman

LANGUAGE

Practical Italian 1

This beginner-friendly course is perfect for those with no previous Italian experience or only a little exposure to the language. Classes focus on building confidence through simple conversation, listening, and interactive activities. The course textbook is included.

LIFE 1838.600	T	5:30 PM-6:45 PM	BT 112
Sessions: 10	\$171	9/8/26-11/10/26	Dennis Dicamppli

Practical Italian 2

Ciao! Continue your Italian language journey in this welcoming, conversational course. Students will build confidence in speaking, listening, reading, and writing through interactive activities. The class reinforces familiar grammar while introducing new vocabulary and practical language skills. Contemporary Italian culture is also explored, helping learners use Italian in real-life situations with greater ease.

LIFE 1998.600	T	7 PM-8:30 PM	BT 112
Sessions: 10	\$171	9/8/26-11/10/26	Dennis Dicamppli

Practical Spanish

This course emphasizes developing listening and speaking skills used in conversation. You will have the opportunity to develop vocabulary and communication abilities by practicing speaking, reading, and writing. Textbook included.

LIFE 2097.600	M	5:30 PM-6:45 PM	BT 112
Sessions: 10	\$171	9/14/26-11/16/26	Dennis Dicamppli

German for Beginners

This introductory German course is designed to build a strong foundation in basic communication skills. Students develop essential listening, speaking, reading, and writing abilities through practical, everyday language use. Learn the German you need for things like greetings and introductions, travel, talking about relationships, and describing daily activities. Your German journey starts here!

LIFE 2189.600	W	6 PM-7:30 PM	CCI 121
Sessions: 6	\$160	9/9/26-10/14/26	Theresa Kessler

FITNESS

Fencing

Learn the fundamentals of fencing in this welcoming, introductory class. Students will be introduced to the rules, terminology, and basic skills of the sport, with a focus on foil fencing. No prior experience is required, and all equipment is provided. Participants must be at least 15 years old. **No class Nov. 25**

LIFE 2005.600	W	6 PM-8:30 PM	RAC 126
Sessions: 13	\$138	9/9/26-12/9/26	Mark Rinne

Pickleball for Beginners

Introduction to Pickleball is designed for new players to learn the game in a safe, supportive, and fun environment. Students will be introduced to the basic rules and terminology of pickleball, proper court safety and etiquette, and the equipment used to play. Through guided instruction, skill-building drills, and supervised game play, participants will develop fundamental techniques such as serving, returning, and basic shot control. This class is ideal for individuals who have never played pickleball or who have less than one year of playing experience.

LIFE 2126.600	Sa	9 AM-11 AM	RAC 131
Sessions: 4	\$96	10/24/26-11/14/26	Sue Rocha

Pickleball- Advanced Beginners to Intermediate
This class is for the 2.5 (Beginner) to 3.5 (Intermediate) player who has played the game, has an understanding of the rules, and wants to improve their skills and learn more about strategy to enjoy the game even more. Class is a combination of drilling on specific skills and actual game play using those skills. **No class Nov. 23**

LIFE 2163.600	M	6 PM-8 PM	RAC 131
Sessions: 4	\$96	11/2/26-11/30/26	Sue Rocha

Zumba
Get ready to groove, sweat, and have fun with Zumba! This high-energy dance fitness class combines upbeat Latin music with easy-to-follow dance moves for a full-body workout. Whether you're a seasoned dancer or have two left feet, Zumba is for everyone-no dance experience required. You'll burn calories, improve your cardio, and tone muscles while enjoying the party atmosphere. Come join us and let the rhythm move you toward better health and fitness! **No class Nov. 24 & 26.**

LIFE 2141.600	T, Th	5:30 PM-6:30 PM	RAC 126
Sessions: 8	\$61	9/8/26-10/1/26	Lisa Williams
LIFE 2141.601	T, Th	5:30 PM-6:30 PM	RAC 126
Sessions: 8	\$61	10/6/26-10/29/26	Lisa Williams
LIFE 2141.602	T, Th	5:30 PM-6:30 PM	RAC 126
Sessions: 8	\$61	11/3/26-12/3/26	Lisa Williams

Tarot Meditation Yoga
This class is inspired by the Tea, Tarot & Asana workshop model. Explore self-reflection and stress relief through a gentle blend of tarot, meditation, and accessible yoga. This beginner-friendly class introduces tarot as a tool for personal insight and journaling, combined with guided meditation and gentle movement designed to support relaxation and body awareness. Each session focuses on a meaningful theme, offering participants practical techniques to reduce stress, cultivate mindfulness, and reconnect with themselves. No prior yoga or tarot experience is necessary. All movement is gentle and adaptable for various ability levels.

LIFE 2191.600	Sa	9:30 AM-11 AM	RAC 126
Sessions: 4	\$77	9/19/26-10/10/26	Stephanie Beck

EQUINE

Mounted Tactics
Join us for a fun filled class of formation riding. We will work on riding in formation, desensitization, and crowd management while on horseback. This class is intended for intermediate to advanced riders with your own horse and tack. If it is determined that the rider, or horse, does not have the necessary skills for this course, they will not be able to continue. Prerequisite: Introduction to Riding Basics or Instructor approval. Classes will meet the published number of sessions during allotted dates. The instructor will provide class dates on the first day of class. Proof of vaccinations, either by vet note or proof of purchase, will be required on the first day of class.

LIFE 2019.600	Su	10:30 AM-12 PM	ARENA 100
Sessions: 10	\$154	9/13/26-12/13/26	Michelle VanEperen

Barrel Horse Conditioning
This course offers a structured open-ride format designed for riders to exercise their horses, work on drills, and practice pattern work. It is ideal for conditioning young horses as well as maintaining the fitness and precision of seasoned horses. This class also welcomes riders from various performance backgrounds, provided they are comfortable working around drills/barrel pattern and open arena setting. Riders should have a solid understanding of arena etiquette and safe riding practices. Participants must provide their own horse. Any riders under the age of 18 must wear a helmet. Proof of current vaccinations, verified by a veterinarian's note or proof of purchase, is required on the first day of class. The class will meet the published number of times within the published dates. A detailed class schedule will be distributed during the first session.

LIFE 2029.600	Su	8 AM-10 PM	ARENA 100
Sessions: 10	\$165	9/13/26-12/13/26	Becky Juschka

MUSIC

Adult Orchestra- Beginner
Have you always wanted to play the violin, viola, or cello but never had the chance? Now's the time! In this welcoming beginner group, you'll learn the fundamentals of playing your instrument, reading music, and performing with others in a supportive environment. A basic understanding of how to read sheet music is helpful but not required-enthusiasm and curiosity are all you need. This class is also a great fit if you've taken a long break and want a gentle refresher before joining the returning players group.

LIFE 2129.600	M	6:30 PM-7:30 PM	CCI 121
Sessions: 6	\$56	9/14/26-10/19/26	Aaron Bell
LIFE 2129.601	M	6:30 PM-7 PM	CCI 121
Sessions: 6	\$56	10/26/26-12/7/26	Aaron Bell

Adult Orchestra - Returning Players
Have you played the violin, viola, or cello before but taken a break? This class is the perfect way to rediscover your love of music! Dust off your instrument and join a supportive group of adult musicians as you refresh your technique, rebuild confidence, and enjoy playing together again. Participants should have prior experience reading sheet music and basic proficiency on their instrument, as this class will focus on ensemble playing and musical expression. If the instructor feels you would benefit from additional review, you may be encouraged to transfer to the Beginner Players class for a better learning experience.

LIFE 2131.600	M	7 PM-8 PM	CCI 121
Sessions: 6	\$56	9/14/26-10/19/26	Aaron Bell
LIFE 2131.601	M	7 PM-8 PM	CCI 121
Sessions: 6	\$56	10/26/26-12/7/26	Aaron Bell

Orchestra Beginner Mid-Start
If you missed out on the first fall session of Adult Beginners Orchestra, here is your chance to join us. Each week you'll learn to play your choice of violin, viola, or cello. This section will start you from a complete beginner and prepare you to play with the larger group.

LIFE 2183.600	M	6 PM-7 PM	CCI 121
Sessions: 6	\$56	10/26/26-12/7/26	Aaron Bell

JEWELRY MAKING

Jewelry Studio
This open studio course is intended for experienced jewelers with advanced skills. It is not an instructional class; students without the required experience will be asked to transfer to the introductory course at its next available offering. Participants must supply all materials and consumables for their projects. A safety review and passing test are required before using studio equipment. **No class Nov. 24 and 26**

LIFE 2134.600	T, Th	5 PM-8 PM	FA 144
Sessions: 10	\$158	11/10/26-12/17/26	Dave Rowswell

Introduction to Jewelry
In this introductory course, students will learn how to design, cut, and polish a cabochon to create a unique piece of jewelry. This guided project will teach students how to safely operate the equipment in the metals lab and provide guidance on what tools to purchase for at-home projects. Each student must bring a pair of safety glasses. All other materials are provided. Students may need to retake this course to attain the necessary skill level for the Jewelry Studio.

LIFE 2135.600	T, Th	5 PM-8 PM	FA 144
Sessions: 5	\$139	10/13/26-10/27/26	Dave Rowswell



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Fused Glass Jewelry

Get ready to unleash your creativity in this hands-on, fun-filled class where art meets science! Students will design and create their own unique piece of jewelry using fused glass techniques and dazzling dichroic glass. Through a mix of guided instruction and creative freedom, you'll learn how to cut, layer, and kiln-fire glass to produce vibrant, wearable art. Whether you're making a pendant, earrings, or a keychain, each creation is one-of-a-kind-just like you. No prior experience needed-just bring your imagination and a willingness to explore the colorful world of glass fusing!

LIFE 2157.600 Sa 10 AM-1 PM FA 144
Sessions: 2 \$146 10/31/26-11/7/26 Dave Rowswell

GARDENING

Nativescaping with Native Plant Communities

This class focuses on developing a landscaping design based on native plant communities. Participants will learn what makes a native plant community, why native plant communities are important, as well as, how to incorporate them into your property's unique micro-climates. No gardening experience required. Participants will receive an annotated resource guide, as well as, information on where to source native plants and seed.

LIFE 2186.600 Su 1 PM-2:30 PM CCI 123
\$21 10/11/26 Nancy Loomis

Nativescaping: Plant This Instead of That

Learn about native plant alternatives you can use in place of exotic plants in your landscaping. This class will focus on common gardening and landscaping native plant substitutes. No gardening experience required. Participants will receive a starter native plant list, as well as, information on where to source natives plants and seed.

LIFE 2184.600 Su 1 PM-2:30 PM CCI 123
\$21 9/27/26 Nancy Loomis

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- Creating K-12 Learning Materials
- Survival Kit for New Teachers
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Dance Fitness

Join us for a high-energy Dance Fitness class that combines the fun of dance with a full-body workout! This class is designed for all fitness levels and will use easy-to-follow moves inspired by a range of dance styles. Whether you're a seasoned dancer or new to the floor, this class will help you stay fit, feel energized, and have fun! Bring water, comfortable clothing, and get ready to dance your way to better health.

LIFE 8034.750	M	5:30 PM-6:30 PM	ELCC GYM
Sessions: 3	\$49	9/14/26-9/28/26	Donna Black
LIFE 8034.751	M	5:30 PM-6:30 PM	ELCC GYM
Sessions: 3	\$49	10/12/26-10/26/26	Donna Black
LIFE 8034.752	M	5:30 PM-6:30 PM	ELCC GYM
Sessions: 3	\$49	11/2/26-11/16/26	Donna Black

TRAVEL WITH LCCC



WONDERS OF THAILAND
March 12-27, 2027
Virtual travel presentation March 11, 2026
at 5:30pm via Zoom
Seat Reduction Date: August 5, 2026



ALPINE LAKES & SCENIC TRAINS
June 19-28, 2027
Virtual travel presentation June 10, 2026, at 5:30pm
via Zoom
Seat Reduction Date: December 20, 2026



PORTUGAL
October 10-19, 2027
Virtual travel presentation September 16, 2026, at 6pm via Zoom
Seat Reduction: April 4th, 2027



FINLAND
February 2028
Follow the QR code to the Life Enrichment website for more information and sign up for our mailing list of travel brochures.

Contact the Life Enrichment office for Zoom link, lifeenrichment@lccc.wy.edu





DRIVER SIMULATOR

Do you have a new driver in your house? Would you like to try out their knowledge of Rules of the Road before they drive the streets?

The driver simulator is an excellent choice for those who are new to driving or would just like more practice. Included with driver education class. Other times \$25 per one hour session.

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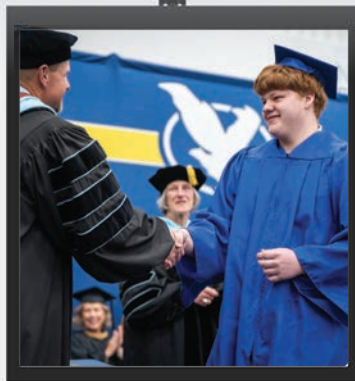
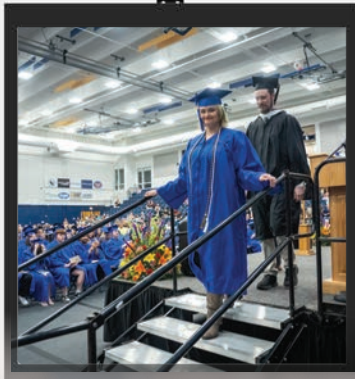
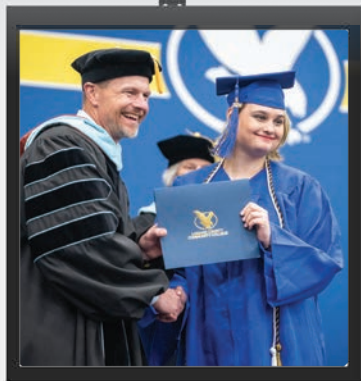
Laramie County Community College has a range of versatile spaces to suit your needs, whether you're hosting an intimate meeting of 10 or an event for 400.

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ADULT EDUCATION

@ Laramie County Community College

The Adult Basic Education (ABE) and English as a Second Language (ESL) programs support adult learners in building foundational academic skills and improving English language proficiency. Students in ABE receive instruction in reading, writing, math, and social studies and sit for their HiSET exam upon completion of a student's course work. Students in ESL receive instruction in English language, US culture, and US civics. The programs offer flexible, learner-centered classes designed to meet diverse skill levels and learning needs. Instructors provide supportive guidance to help students gain confidence and progress at their own pace. Graduates leave the program better prepared for employment and/or advanced training.

ADULT BASIC EDUCATION CLASSES:

CHEYENNE CAMPUS

AUGUST 17 - OCTOBER 7

Morning, afternoon, and evening classes available

OCTOBER 12 - DECEMBER 9

Morning, afternoon, and evening classes available

LARAMIE CAMPUS

AUGUST 17 - OCTOBER 7

Morning, afternoon, and evening classes available

OCTOBER 12 - DECEMBER 9

Morning, afternoon, and evening classes available

Class Cost: FREE

HiSET Testing and Sitting Fees Available Upon Request. Class Spots are limited.



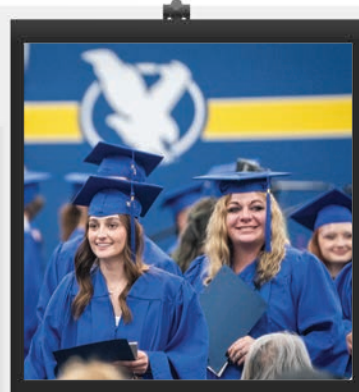
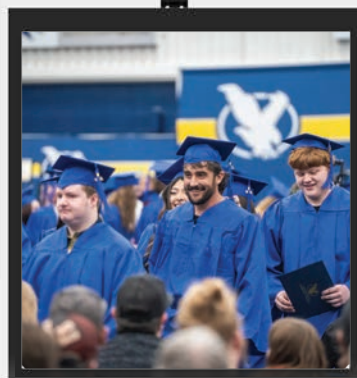
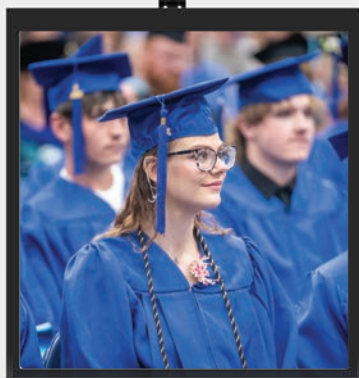
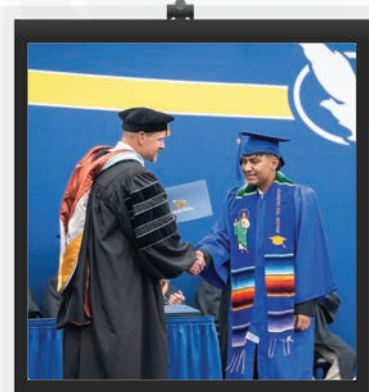
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ENGLISH AS A SECOND LANGUAGE CLASSES:

COHORT 1 | JULY 27 - OCTOBER 1

COHORT 2 | OCTOBER 5 - DECEMBER 4

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Congratulations **2026 GRADUATES**

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Celeste Beach
Jason Blanton
Casey Booth
Indy Brendle
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Kathleen Carrera
Cole Cleven
Lakai Compton
Lillian Condon
Jenna Cunningham
Ivy Daugherty
Michael Davis
Kayli Demello
Christopher Diaz
Adolfo Dominguez
Anthony Dorn
Aisha Duarte Tucke
Allen Duffner-Galan
Delilah Duran

Trevor Edmunds
Alathandrja Erickson
Jayden Elder
Maxim Field
Teighan Fillmore
Layne Flores
Corin Fraser
Elena Gallegos
Helynn Garcia
Vanessa Garcia
Trenton Gebhardt
Tyler Gieser
Jezeria Hamilton
Elijah Harada
Chloe Hasenauer
Anthony Hassell
Alaina Hendrick
Andreas Herrera
Ellis Hickox
Scarlett Hickox
Bailey Hill
Elena Hochstetler
Trenton Hoover

Bryan Hurley
Bethanny Illig
Logan Jackson
Hadlee James
Neil Jenkins
Phoenix Johnson
Ronnie Kennedy
David Killion
Christopher Klug
Tayla Lamphere
Deannandra Lane
Payden Larimore
Jayson Leshner
Katie Lewellen
Brett Lieurance
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Brady Mason
Joseph Matheson
Aubrey Mauch
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Keyan Mefford-Owens
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LARAMIE CLASSES

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LIFE ENRICHMENT

Beginner Sourdough 101

Discover the techniques for working with sourdough and learn how to achieve your ultimate artesian sourdough loaf! We'll delve into the care and maintenance of sourdough starters, as well as the fine art of shaping, slashing, and steam-baking traditional sourdough boules. During this one-day class, you'll learn everything there is to know about sourdough starter, bread making tips and tricks, and as an added bonus, you'll leave with your very own 100+ year old starter that can be used the following day. Elevate your bread-making skills and explore the world of sourdough!

LIFE 5166.360	Th	5:30 PM-7:30 PM	ACC 140
	\$102	10/1/26	Treasure McPherson

Level Up Your Sourdough

Explore the full potential of your sourdough starter! We'll go beyond basic loaves to share recipes for sourdough English muffins, chocolate chip cookies, and creative flour blends like Einkorn. You'll learn how to read your crumb, achieve a great rise, and make smart adjustments to improve your bakes. We'll wrap up with a Q&A and troubleshooting session to help you overcome any starter or bread challenges.

LIFE 5187.360	Th	5:30 PM-7:30 PM	ACC 140
	\$67	10/29/26	Treasure McPherson

Beginning Drawing

Learn how to bring drawings to life by creating the illusion of depth and form. In this course, students use graphite and Conté to master value, contrast, and shading techniques that transform flat surfaces into compelling three-dimensional artwork.

LIFE 5188.360	M, W	5:30 PM-7:30 PM	ACC 145
Sessions: 14	\$135	9/14/26-10/28/26	Lee Lane

Drawing in Colored Pencil

Explore the vibrant world of colored pencil art in this 4-week course taught by one of Wyoming's celebrated artists! You'll learn essential techniques like layering, blending, and shading to create stunning, detailed drawings. Perfect for beginners or anyone looking to sharpen their skills- all supplies are provided, so come and discover how colorful creativity can be!

LIFE 5182.360	M, W	5:30 PM-7:30 PM	ACC 145
Sessions: 8	\$112	11/2/26-12/9/26	Lee Lane

Floral Arrangement Workshop

Join us for an evening of floral fun! In this hands-on class, you will learn to build your own floral arrangement. We'll explore color theory, flower types, mechanics, and best practices for keeping your arrangements healthy. All materials are provided, including fresh florals, tools, and mechanics. You'll leave with a beautiful arrangement and the skills to create more at home!

LIFE 5176.360	T	5:30 PM-7:30 PM	ACC 140
	\$141	9/15/26	Lisa Rich

Introduction to DSLR Photography

Learn the basics to get the most out of your digital camera. Explore technical aspects such as ISO, aperture, and shutter speed, then apply those skills and share your photos in a critique to learn more about the aesthetics and composition. We will explore what makes a good photo good. Must bring your own camera.

LIFE	W, F	6 PM-8 PM	TBD
Sessions: 2	\$135	11/4/26-11/11/26	J. Damon Mikesell

Landscape Painting

In this course, students will learn how to capture landscapes on canvas by using an artist's eye for color mixing, value scales, and illusion of depth. Course will also discuss painting techniques, composition, and light.

LIFE 5107.360	T, Th	5:30 PM-8 PM	ACC 145
Sessions: 14	\$290	9/1/26-10/15/26	Lee Lane

Still Life Painting on Canvas

Learn how to reflect the beauty of the objects around you. In this course, students will use water-mixable oil and learn to properly mix color and apply it to a canvas, putting the "life" in "still life."

LIFE 5189.360	T, Th	5:30 PM-8 PM	ACC 145
Sessions: 8	\$192	10/20/26-12/10/26	Lee Lane

Wine Appreciation

Looking for a class that's equal parts fun and informative? This beginner-friendly wine course is designed for anyone looking to educate themselves on wine. Each session explores a new theme, from bold reds and crisp whites to sparkling selections and iconic regions like France, Italy, and beyond. You'll pick up the essentials of how wine is grown and made, learn simple tasting techniques, and build the kind of wine vocabulary that makes ordering at a restaurant or choosing a bottle feel effortless. Every class includes a relaxed presentation to walk you through key concepts, plus tastings of 6-8 curated wines that bring the lessons to life. By the end of the course, you'll feel confident navigating wine shops, menus, and conversations. Students must be 21 years of age or old. Be prepared to show your state issued ID card the first night of class.

LIFE 2173.360	Th	6 PM-8 PM	ACC 136
Sessions: 4	\$210	10/8/26-10/29/26	Alex Gapinski

LARAMIE BUSINESS & INNOVATION CLASSES



MS Excel Level 3

Ready to scale the ladder to Excel Expert heights? In this 7-hour in-person class in our hands-on computer lab, you'll learn about Excel's most powerful and advanced tools for data analysis and presentation. Practice logical and lookup functions, more advanced formulas, arrays, auditing, error-trapping, and the much beloved date, time, text, and other functions. Learn about importing external data via Power Pivot, exporting data, What-If Analysis and automating repetitive tasks with macros. Coursebooks, practice files used during class and dozens of additional test worksheets with solutions are also provided for further practice, or even as templates in your future builds. Excel 1 and 2 are strongly recommended but not required.

BTCS 0103.360	T	11/3/26	ACC TBA
	\$179	9 AM-4 PM	Michael Stephens

QuickBooks Online

This class covers essential skills related to the latest version of Intuit's popular online bookkeeping program. Topics covered include customizing company-level settings, setting up customers, dealing with bank deposits, bank feeds, and reconciliation processes for bank and credit card accounts.

BTCS 0140.360	F	10/9/26	ACC 131
	\$300	8 AM-4 PM	Bridgette White

Bridges Out of Poverty

The Bridges Out of Poverty workshop increases your understanding of individuals living in a poverty mindset. By analyzing the hidden rules, patterns of behavior and eleven resources, this course helps reduce judgement for best outcomes. Designed for organizations and businesses that interact with individuals in poverty.

BTPD 0100.360	T	8/25/26	ACC 131
	\$119	1 PM-5 PM	Melissa Martin

CHEYENNE BUSINESS & INNOVATION CLASSES

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COMPUTER SKILLS TRAINING

Adobe Acrobat PRO

Ready to create, edit and turbo-charge PDFs with pro features? This comprehensive 7-hour in-person course, conducted in our hands-on computer lab, provides advanced training in Adobe Acrobat Professional. You'll develop proficiency in creating, editing, and combining PDFs; implementing advanced features such as bookmarks, links, buttons, multimedia elements, watermarks, comments, markup, shared reviews, interactive forms, digital signatures, security, conversions, and optimization. Course textbook is included. Must have access to an Acrobat Pro subscription, to use in class for learning activities.

BTCS 0130.600	T	12/8/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens

Cybersecurity Made Simple

Think cybersecurity is complicated? Not anymore! This class breaks it down into easy-to-understand steps so you can protect your personal and organizational information with confidence. You'll learn: Smart strategies for staying safe online; how to create strong unique passwords and use password managers; why two-factor authentication is a game-changer; tools to keep your security in check; and how to secure devices like routers, printers, and IoT gadgets. We'll also demystify common threats-phishing, smishing, vishing-and show you how to spot scams before they catch you. By the end, you'll have a practical security toolkit and the know-how to keep your digital world safe.

BTCS 0150.600	W	9/30/26	TC 103
	\$179	9 AM-4 PM	Brook Malone

Google Workspace

Interested in using Google Workspace for personal or business tasks with little prior experience? This 7-hour in-person course covers the essentials of Google Workspace, highlighting differences between Free and Paid versions. You'll participate in hands-on computer lab sessions with the Free Edition's core apps Gmail, Chat, Meet, Docs, Sheets, Slides, Forms, Keep, and Sites. By course end, you'll be able to use Google Workspace for file creation, data organization, communication, and collaboration. Books are included. A Gmail account is required for practice activities.

BTCS 0125.600	Th	12/3/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens

Introduction to AI

In this 6-hour, in-person course, you will get an in-depth overview of the expansive field of Artificial Intelligence (AI), covering its principal branches and a range of practical applications suitable for both your personal and professional contexts. You'll examine the benefits and challenges associated with AI, including considerations of ethics and security. The curriculum includes an introduction to various AI tools, such as ChatGPT, Gemini, Copilot, and others. In our computer lab setting, try hands-on exercises focused on Gen(erative) AI, explore real-world use cases that enhance productivity in work and home settings, and learn fundamental concepts of Prompt Engineering. Explore the future trajectory of AI, as we prepare for its inevitable, further integration into our daily work and home lives. No prior knowledge of AI is required.

BTCS 0110.600	T	9/22/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens

Introduction to AI

In this 6-hour, in-person course, you will get an in-depth overview of the expansive field of Artificial Intelligence (AI), covering its principal branches and a range of practical applications suitable for both your personal and professional contexts. You'll examine the benefits and challenges associated with AI, including considerations of ethics and security. The curriculum includes an introduction to various AI tools, such as ChatGPT, Gemini, Copilot, and others. In our computer lab setting, try hands-on exercises focused on Gen(erative) AI, explore real-world use cases that enhance productivity in work and home settings, and learn fundamental concepts of Prompt Engineering. Explore the future trajectory of AI, as we prepare for its inevitable, further integration into our daily work and home lives. No prior knowledge of AI is required.

BTCS 0110.601	T	11/24/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens

Introduction to Power BI

Fairly handy with Excel, and ready to enhance your data analysis skills? This 7-hour in-person class, held in our hands-on computer lab, introduces Microsoft Power BI. It leverages familiarity with Excel while introducing advanced tools for data connection and visualization. Power BI offers functionalities exceeding those available in traditional spreadsheets, allowing for the creation of interactive reports and dashboards. Its visualization and reporting features support comprehensive exploration, analysis, and communication of business insights. Learn about connecting to various data sources, analyzing, cleaning, transforming, loading, visualizing, and reporting data using Power BI. Leave equipped to build your own real-time PBI dashboards. Books provided. While not required, completing Excel Levels 1-3, PivotTables, and Power Pivot are recommended to get the most out of this course.

BTCS 0106.600	T	12/1/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens

MS 365 Copilot AI Essentials

New to Microsoft 365 Copilot AI? This 4-hour, in-person class held in our hands-on computer lab provides an introduction to Copilot and its integration with Word, Excel, PowerPoint, Outlook, Teams and other apps. Learn how Copilot assists you with streamlining workflows, supporting communication and decision-making. You'll learn the difference between the basic version bundled with Office 365 and the advanced features of the additional cost version, Copilot Studio. Review practical use cases, learn techniques for crafting prompts, and practice using Copilot to summarize documents, generate content, analyze data, and automate tasks. Walk away with the confidence that you're ready to use Copilot to help you at work and home. No prerequisites.

BTCS 0115.600	Th	12/17/26	TC 103
	\$119	8 AM-12 PM	Michael Stephens

MS Excel AI Assist

Already fairly Excel savvy? It's time for the next era: leveraging AI tools to help you build, repair and upgrade your spreadsheets. In this 4-hour in-person class in our hands-on computer lab, learn how to use Copilot, ChatGPT and Gemini to both assist and teach you how to make your Excel and Google Sheets more powerful and productive. Learn to correctly prompt AI to build accurate and more complex formulas, tables, graphs and conditional formatting. Also, learn to oversee and audit the work your AI assistant performs, because it's not perfect...yet. Excel levels 1 through 3, PivotTables and PowerPivot courses are strongly recommended, but not required. The more you know about Excel, the better you can ensure AI tools work for, not against your worksheets.

BTCS 0107.600	T	11/17/26	TC 103
	\$119	8 AM-12 PM	Michael Stephens

MS Excel for Accounting

Spending too much on accounting software? Utilize Excel as a cost-effective alternative, as it offers robust features for accounting tasks. In this in-person course, you will learn how to use Excel for basic accounting, financial statements, statement of cash flows, bank reconciliation, payroll register, budgeting, and depreciation schedules. Through guided exercises and real-world scenarios, you will practice applying Excel tools to common accounting challenges. By the end of the course, you will be able to confidently use Excel to support everyday accounting tasks and produce clear, professional results. Basic to intermediate familiarity with Excel is recommended, but no advanced skills are required.

BTCS 0108.600	F	10/2/26	TC 103
	\$179	9 AM-4 PM	Bridgette White

MS Excel Level 1

Rusty or new to Microsoft Excel? In this 7-hour in-person class in our hands-on computer lab, learn to create and format worksheets that contain calculations with formulas and functions, including the importance of using proper reference types. Moving and copying data correctly, manipulating data, chart creation, and various other tips and tricks are also covered. Coursebooks, practice files used during class and dozens of additional test worksheets with solutions are also provided for further practice, or even as templates in your future builds. Gain the confidence to build, repair and upgrade spreadsheets. Participants leave this course with a new or increased love of Excel, a powerful and legendary data tool.

BTCS 0101.600	T	9/15/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens
BTCS 0101.601	T	10/6/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens
BTCS 0101.602	T	11/10/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens
BTCS 0101.603	T	12/15/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens

MS Excel Level 2

Feel comfortable with Excel basics but want to advance to an intermediate level? In this 7-hour in-person class in our hands-on computer lab, you'll learn advanced tools for analysis, organization and presentation of more complex data. Practice using more elaborate functions, creating ranges and tables, data validation, conditional formatting and advanced charts. A highlight is learning to wield the popular and powerful feature of PivotTables, a highly effective tool for dynamic data summarization. Coursebooks, practice files used during class and dozens of additional test worksheets with solutions are also provided for further practice, or even as templates in your future builds. Excel 1 is strongly recommended but not required.

BTCS 0102.600	T	9/29/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens

MS Excel Level 2

Feel comfortable with Excel basics but want to advance to an intermediate level? In this 7-hour in-person class in our hands-on computer lab, you'll learn advanced tools for analysis, organization and presentation of more complex data. Practice using more elaborate functions, creating ranges and tables, data validation, conditional formatting and advanced charts. A highlight is learning to wield the popular and powerful feature of PivotTables, a highly effective tool for dynamic data summarization. Coursebooks, practice files used during class and dozens of additional test worksheets with solutions are also provided for further practice, or even as templates in your future builds. Excel 1 is strongly recommended but not required.

BTCS 0102.601	F	11/20/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens

MS Excel Level 3

Ready to scale the ladder to Excel Expert heights? In this 7-hour in-person class in our hands-on computer lab, you'll learn about Excel's most powerful and advanced tools for data analysis and presentation. Practice logical and lookup functions, more advanced formulas, arrays, auditing, error-trapping, and the much beloved date, time, text, and other functions. Learn about importing external data via Power Pivot, exporting data, What-If Analysis and automating repetitive tasks with macros. Coursebooks, practice files used during class and dozens of additional test worksheets with solutions are also provided for further practice, or even as templates in your future builds. Excel 1 and 2 are strongly recommended but not required.

BTCS 0103.601	T	10/20/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens
BTCS 0103.602	Th	12/10/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens

MS Excel PivotTables & PivotCharts

Got data? “.sometimes it's hard to know where to start, especially when you have a lot of data.” (Microsoft) PivotTables (PTs) are a legendary Excel feature. Have you ever used them to summarize, analyze, explore, and present your data? They're highly flexible and adjustable with a few mouse drag 'n drops. In this 7-hour in-person class in our hands-on computer lab, learn about preparing raw data, creating PTs from multiple sources, summarizing, organizing, filtering and formatting PTs, followed by creating, manipulating and formatting their synchronized “sister” PivotCharts. Leave with skills to take your pile of data, feed it into PTs and PCs and behold transformed, highly organized and ultimately invaluable data analysis. Books provided. While not required, completing Excel Levels 1-3 are recommended to get the most out of this course.

BTCS 0112.600	T	10/27/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens

MS Excel Power Pivot

Ready to “power-up” and perform more advanced data modeling and analytical capabilities beyond traditional PivotTables? This 4-hour in-person course offers comprehensive instruction in Excel's Power Pivot add-in. Conducted in our hands-on computer lab, you'll gain expertise in Power Pivot's mighty features for processing, transforming, and summarizing large datasets, including utilizing the Power Pivot Data Model. Key topics include navigating the Power Pivot interface, managing data relationships for dynamic reporting, creating calculated fields, columns, and KPIs, applying CUBE functions to access multidimensional database information, and an introduction to DAX date and time functions for advanced time-based calculations. Upon completion, you'll be more equipped to efficiently interpret complex data and deliver informative reports that support sound business decisions. Books provided. Prior completion of Excel Levels 1-3 and PivotTables are highly recommended to get the most out of this course, but not mandatory.

BTCS 0105.600	W	11/11/26	TC 103
	\$119	8 AM-12 PM	Michael Stephens

QuickBooks Online

This class covers essential skills related to the latest version of Intuit's popular online bookkeeping program. Topics covered include customizing company-level settings, setting up customers, dealing with bank deposits, bank feeds, and reconciliation processes for bank and credit card accounts.

BTCS 0140.600	F	9/25/26	TC 103
	\$300	8 AM-4 PM	Bridgette White
BTCS 0140.360	F	10/9/26	ACC 131
	\$300	8 AM-4 PM	Bridgette White
BTCS 0140.601	F	11/6/26	TC 103
	\$300	8 AM-4 PM	Bridgette White



REGISTRATION IS OPEN NOW!

SQL Basics

In this 6 hour in-person introductory course, you'll gain essential skills for working with databases using SQL (Structured Query Language). Interactive training in our hands-on computer lab will build participants' confidence with practical experience and a solid foundation in SQL for everyday data tasks. Topics include SELECT statements, WHERE clauses, sorting and grouping data, joining tables, basic data aggregation functions, and using AI to assist. By the end of the course, participants will be able to write basic SQL queries to retrieve and filter data, and create simple reports for comprehensive analysis. No prior knowledge of SQL is required, although a basic understanding of data structure in Excel is strongly recommended.

BTCS 0111.600	M	12/21/26	TC 103
	\$179	9 AM-4 PM	Michael Stephens

THE BUSINESS STUDIO

Digital Marketing 101

Digital marketing can feel overwhelming - but it doesn't have to be. This class breaks it down into simple steps to help you build a clear, focused marketing plan. Learn how to reach your audience through the right mix of social media, email, and content-no experience required.

BTBE 0200.600	Sa	9/19/26	TC 112
	\$200	8 AM-12 PM	Madeline Newman

Introduction to Social Media

Want to grow your business through social media marketing but don't know where to start? This beginner-friendly course will walk you through the most popular platforms, what to post, how to plan content, and ways to connect with your audience online. Perfect for local businesses ready to boost their visibility.

BTBE 0201.600	Sa	10/17/26	TC 112
	\$100	8 AM-12 PM	Madeline Newman

Canva for Business

Learn how to use Canva, a free and easy design tool, to create eye-catching marketing materials for your business. From social media graphics to flyers and business cards, this hands-on class will show you how to design professional-looking content-even if you're not a graphic designer.

BTBE 0202.600	Sa	11/21/26	TC 103
	\$100	9 AM-12 PM	Madeline Newman

Newsletters for Business

Newsletters are one of the best ways to stay connected with customers and grow your business. In this class, you'll learn how to set up a free email marketing platform, design your first email, build your contact list, and send newsletters that people actually want to read.

BTBE 0203.600	Sa	12/12/26	TC 103
	\$200	9 AM-12 PM	Madeline Newman

PROFESSIONAL & WORKFORCE DEVELOPMENT

Bridges Out of Poverty

The Bridges Out of Poverty workshop increases your understanding of individuals living in a poverty mindset. By analyzing the hidden rules, patterns of behavior and eleven resources, this course helps reduce judgement for best outcomes. Designed for organizations and businesses that interact with individuals in poverty.

BTPD 0100.360	T	8/25/26	ACC 131
	\$119	1 PM-5 PM	Melissa Martin
BTPD 0100.601	T	11/10/26	TC 112
	\$119	1 PM-5 PM	Melissa Martin

Crucial Conversations

Based on the bestselling "Crucial Conversations" book by Vital Smarts, this course teaches the practice and skills for having difficult conversations. In this two-day training, you will learn how to strengthen relationships and how to resolve intractable problems through conscious use of the techniques taught.

BTPD 0101.601	Th, F	12/17/26-12/18/26	CCI 121
	\$599	8 AM-5 PM	Melissa Martin

Enhancing Communication

Strong communication is the foundation of effective supervision. This interactive workshop equips new leaders with practical strategies for impactful verbal and written communication. Key focus areas include resolving conflict promptly, documenting performance, sharing recognition, and planning productive discussions-all essential for building trust and driving team success.

BTPD 0105.600	W	9/23/26	TC 112
	\$119	1 PM-5 PM	Melissa Martin

Making Effective Decisions

Making decisions during challenging times can be nerve-racking. To help bring calm into your work life, this short class will help increase the speed and quality of your decisions, help you gain the support needed to make your decisions work, build confidence in others of your ability to lead the decision-making process, make major and minor decisions confidently, and create an approach for making major decisions.

BTPD 0106.600	Th	9/17/26	TC 112
	\$119	1 PM-5 PM	Maryellen Tast

Navigating Beyond Conflict

Conflict in the workplace is inevitable, but how it's navigated can change a negative conflict into something positive. During this 4-hour workshop, you will Identify the common causes and costs of conflict, recognize warning signs and take action to prevent situations from escalating, gain techniques to defuse strong emotions, keep the lines of communication open and build trust, and successfully plan and conduct conflict resolution discussions.

BTPD 0107.600	Th	10/29/26	TC 112
	\$119	1 PM-5 PM	Maryellen Tast

Beyond the To Do List Strategies for Peak Productivity

Do you feel overwhelmed by a never-ending to-do list? This focused,1-hour session is for individual contributors who want to take control of their time and boost their productivity. Recognize common time management pitfalls, apply the Eisenhower Matrix for prioritization, and use a time-blocking template to apply concepts to your own workflow. By the end, you will have a clear plan to focus on what matters most and a tangible strategy you can use to reduce daily distractions.

BTPD 0108.550	T	11/3/26	Online
	\$49	11 AM-12 PM	Lisa Will

Connect and Collaborate: Building Your Onlinework At Work

Do you want to build stronger working relationships with colleagues and managers? This 1-hour virtual workshop is for individual contributors who want to expand their internal Onlinework and improve collaboration. Recognize the value of building trust and rapport, identify key stakeholders, and create a relationship map to apply these concepts to your own workplace. Proceed with a clear plan to connect with colleagues and a list of conversation starters you can use to build rapport.

BTPD 0110.550	Th	12/17/26	Online
	\$49	12 PM-1 PM	Melissa Martin

Listen Up! The Power of Active Listening at Work

Do you want to build stronger relationships and understand others better? This 1-hour virtual workshop is for individual contributors who want to enhance their communication skills by focusing on active listening. Understand the difference between hearing and listening, learn techniques to truly understand your colleagues' perspectives, and use a listening skills checklist to apply these concepts to your daily interactions. You will increase awareness of your listening habits and a be armed with a set of questions to confirm understanding and build rapport.

BTPD 0112.550	T	10/20/26	Online
	\$49	12 PM-1 PM	Melissa Martin

Say It Simply Clear and Confident Communication at Work

Do your messages sometimes get lost in translation? This 1-hour virtual workshop is for individual contributors who want to improve their workplace communication. First, we will discuss the importance of adapting your communication style. Next, learn how to structure emails and presentations for clarity, and use a communication framework to apply these skills to a real-world scenario. Upon completion, you will have the confidence to communicate your ideas effectively and a reusable worksheet you can use to write more concise and impactful emails.

BTPD 0113.550	Th	9/17/26	Online
	\$49	1 PM-2 PM	Melissa Martin

Unplug & Recharge Managing Stress and Preventing Burnout

Do you feel stretched thin and on the verge of burnout? This 1-hour virtual workshop is for individuals who want to build a more sustainable relationship with their work. The session begins with a discussion about the signs of burnout and its root causes, introduces practical strategies for setting boundaries and managing stress, and includes a personal well-being plan to apply concepts to your own life. At the end, you will have concrete techniques to reduce stress and a checklist for self-care you can use to recharge.

BTPD 0117.550	T	9/29/26	Online
	\$49	12 PM-1 PM	Lisa Will

Creating a Collaborative Culture

Build a team environment where creativity and productivity thrive. This workshop explores practical strategies for fostering collaboration, navigating interpersonal challenges, and understanding each team member's role in driving success. Experience what true collaboration feels like-and learn how to personally contribute to a culture of trust, innovation, and effectiveness.

BTPD 0120.600	W	11/18/26	TC 112
	\$119	8 AM-12 PM	Lisa Will

Introduction to Emotional Intelligence

Emotional intelligence (EI) is a key driver of professional success. In this expanded 6-hour workshop, you will explore all four core areas of EI- self-awareness, self-management, social awareness, and relationship management. Through engaging activities and reflection, you will gain a deeper understanding of your own emotional intelligence and learn strategies to connect, communicate, and lead more effectively.

BTPD 0122.600	W	10/7/26	TC 123
	\$179	9 AM-4 PM	Lisa Will

Creative Problem Solving

Transform challenges into opportunities with a fresh approach to problem-solving. This interactive workshop helps you break free from routine thinking, identify the traits of effective problem-solvers, and develop creative strategies to tackle workplace issues with confidence. Learn to shift from panic to possibility-and inspire innovation in yourself and your team.

BTPD 0124.600	W	11/11/26	TC 123
	\$119	8 AM-12 PM	Lisa Will

Calm in Action: Easy Exercises to Reduce Anxiety

In just one hour, discover simple, science-backed techniques to reset your nervous system and reclaim your calm-anytime, anywhere. This virtual, instructor-led workshop teaches practical breathing and counting exercises designed to reduce anxiety, improve focus, and bring you into the present moment. No equipment, no experience needed-just real tools to help you show up as your best self.

BTPD 0125.550	T	10/13/26	Online
	\$49	11 AM-12 PM	Lisa Will

Building Resilience Through Rythms

Stress is inevitable-but how we respond makes all the difference. This workshop provides practical tools to manage daily challenges with calm and clarity. Learn how to strengthen your physical, emotional, and mental resilience through simple, sustainable rhythms that support well-being at work and at home. Walk away with strategies to adapt, recover, and thrive.

BTPD 0126.600	W	10/28/26	TC 123
	\$119	8 AM-12 PM	Lisa Will

Work Smarter Not Harder

Feeling overwhelmed by endless to-do lists? This practical session introduces research-backed strategies to help you take control of your time. Learn how to prioritize effectively, reduce stress, and make the most of your day-without adding to your workload.

BTPD 0127.550	W	12/2/26	Online
	\$49	1 PM-2 PM	Lisa Will

Embracing Change

Change is here to stay. That's probably no secret to you. For years, we've all heard that the "only constant is change." Change is present in every aspect of your life and has become the norm in all organizations. The Embracing Change workshop explores the benefits of a particular change, collaborating with others to make the change work, and committing to its continuous improvement.

BTPD 0130.600	W	10/14/26	TC 112
	\$119	8 AM-12 PM	Melissa Martin

Critical Thinking Skills

In today's workplace it is essential that employees use critical thinking skills to make quick, confident decisions. This course introduces the components of critical thinking to increase creative and independent thinking, better decisions by problem solving systematically, and?identifying?the value of ideas to reach well-reasoned conclusions.

BTPD 0131.600	Th	12/3/26	TC 120
	\$119	1 PM-5 PM	Lisa Will

Influencing Others

Influence is a tool of the successful - being able to affect influence or win others to your way of thinking, demands respect and allows you the authority to affect outcomes. Learning how to demonstrate authenticity and integrity through your interactions with others and how to have a strong sense of self-awareness lays the groundwork for mastering the art of influence.

BTPD 0132.600	T	12/1/26	TC 120
	\$119	8 AM-12 PM	Melissa Martin



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Entry Level Driver Training

This is a standardized course that introduces students to the concepts of the Federal Motor Carrier Safety Administration (FMCSA) Entry Level Driver Training (ELDT) regulations. This course sets the baseline for training requirements for entry-level drivers and applies to those seeking to obtain a Class A or Class B CDL for the first time, upgrade an existing Class B CDL to a Class A CDL; or obtain a school bus (S), passenger (P), or hazardous materials (H) endorsement for the first time.

CMVN 1500.550	8/24/26	Online
\$250		James Drudge
CMVN 1500.551	9/21/26	
CMVN 1500.552	10/19/26	
CMVN 1500.553	11/16/26	

CDL Class A

This course prepares the student to take the state required CDL test. On and off highway terrains are utilized as well as late model tractors and loaded trailers, tankers, and high center point of gravity loads may be used in training. Simulation may also be used to replicate dangerous, expensive, or hard-to duplicate scenarios. Upon succesful completion of this course, students will be prepared to take the DOT driving test/practical exam to be issued their commercial driver's license.

CMVN 1510.600	M, T,W, Th, F	8/24/26-9/18/26	Cheyenne
\$5,500		8 AM – 4:30 PM	James Drudge
CMVN 1510.601		9/21/26-10/15/26	
CMVN 1510.602		10/19/26-11/13/26	
CMVN 1510.603		11/16/26-12/16/26	
CMVN 1510.200	M, T, W,Th, F	8/24/26-10/15/26	Cheyenne
\$5,500		5 PM – 9 PM	James Drudge
CMVN 1510.201		10/19/26-12/16/26	
CMVN 1510.360	M, T, W, Th, F	8/24/26-9/18-26	Laramie
\$5,500		8 AM – 4:30 PM	James Drudge
CMVN 1510.361		9/21/26-10/15/26	
CMVN 1510.362		10/19/26-11/13/26	
CMVN 1510.363		11/16/26-12/16/26	

OSHA 10-Hour General Industry

This 10-hour course will introduce students to OSHA policies, procedures, standards and general industry safety and health principles. Topics for this course will include Occupational Safety and Health Act(OSHA), general duty, walking and working surfaces, electrical hazards, hazardous materials, personal protective equipment, machine guarding and hazard communication. Upon successful completion of this course participants will receive an OSHA General Industry Safety and Health 10-hour card. 1.0 CEUs

OSHA 0082.600	T, W	10/27/26-10/28/26	TC 121
Sessions: 2	\$150		Paul Bernier

Weekend Welders

This open-shop welding workshop provides hands-on access to welding machines while covering the fundamentals of SMAW, GMAW, and GTAW. Whether you're a first-time welder looking to learn the basics or an experienced welder preparing for certification, we'll meet you at your skill level and help you achieve your goals. Must be at least 18 years-old to register.

WELDN 0100.602	Sa	11/7/26	FT 107
\$260		7 AM-12 PM	Cory Morgan

CNC Precision Machining Bootcamp

Students gain introductory knowledge and skills in basic precision machining and workforce readiness skills. This includes an introduction to employability success, basic shop math and hand measurement, blue print reading, fundamental quality principles, workplace safety, use of various hand tools and safe operation of machine shop equipment such as, mills, lathes, grinders, band saws and drill presses. Employability success will be evaluated throughout the trianing.

MCHN 0719.600	M, T, W, Th	9/28/26-11/20/26	CT 124
Sessions: 32	\$5,0000	8AM-1 PM	Nick Owen



CDL TRAINING @ LCCC

Our program consists of online theory training and behind the wheel hand-on training. A typical class A student can expect to complete their hand-on training in four weeks.



CALL 307.778.1234, EMAIL CDL@LCCC.WY.EDU OR SCAN THE QR CODE FOR MORE INFO

HEALTHCARE EDUCATION

Certified Clinical Medical Assisting

Certified Clinical Medical Assistants perform certain administrative and clinical duties under the direction of a physician in a medical environment. This program focuses instruction on clinical duties such as preparing patients for examination, treatment, and diagnostic testing; performing routine laboratory procedures; taking and recording vital signs and medical histories; administering medications as directed by a physician and understanding the cardiac life cycle. Other duties learned will be administrative duties such as scheduling appointments, maintaining medical records, and billing and coding information for insurance purposes. Students who successfully complete the classroom portion will continue to the 80-hour externship experience. Industry accepted background check, drug screening and proof of vaccinations are required for enrollment. Upon successful completion of this program, students would be eligible to sit for the National Healthcareer Association (NHA) Certified Clinical Medical Assistant (CCMA) national examination. One certification exam attempt included in class price. Course schedule is tentative and a final schedule will be provided before the start of classes.

MEDAN 1520.540	M, W, Th	8/17/26-1/27/27	
	\$3,360	6 PM-9 PM	Abbie Leuning

CPR First Aid Heartsaver

During this course, you will gain knowledge and skills that may help save a life. You will learn the basics of first aid, the most common life-threatening emergencies, how to recognize them, and how to help. You will also learn how to recognize when someone needs CPR, how to call for help, and how to give CPR and use an AED (automated external defibrillator).

HLEDN 0100.600	Th	9/24/26	TC 115
	\$110	6 PM-9 PM	Michelle Keehnen
HLEDN 0100.601	Th	10/15/26	TC 115
	\$110	6 PM-9 PM	Michelle Keehnen
HLEDN 0100.602	Th	11/12/26	TC 115
	\$110	6 PM-9 PM	Michelle Keehnen
HLEDN 0100.603	Th	12/10/26	TC 115
	\$110	6 PM-9 PM	Michelle Keehnen



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CPR for Healthcare BLS

Basic Life Support (BLS) Provider Course is the foundation for saving lives after cardiac arrest. You will learn the skills of high-quality cardiopulmonary resuscitation (CPR) for victims of all ages and will practice delivery of these skills both as a single rescuer and as a member of a multi-rescuer team. This course focuses on what healthcare rescuers need to know to perform high-quality CPR in a wide variety of settings. You will also learn how to respond to choking emergencies and how to use an automated external defibrillator (AED).

HLEDN 0150.600	T	10/20/26	TC 115
	\$89	6 PM-9 PM	Michelle Keehnen
HLEDN 0150.602	F	9/25/26	TC 115
	\$89	9 AM-12 PM	Frannie Phelps
HLEDN 0150.604	F	10/30/26	TC 115
	\$89	9 AM-12 PM	Frannie Phelps
HLEDN 0150.606	F	12/4/26	TC 115
	\$89	9 AM-12 PM	Frannie Phelps
HLEDN 0150.601	F	9/11/26	TC 115
	\$89	9 AM-12 PM	Frannie Phelps
HLEDN 0150.603	F	10/9/26	TC 115
	\$89	9 AM-12 PM	Frannie Phelps
HLEDN 0150.605	F	11/13/26	TC 115
	\$89	9 AM-12 PM	Frannie Phelps
HLEDN 0150.607	F	12/18/26	TC 115
	\$89	9 AM-12 PM	Frannie Phelps

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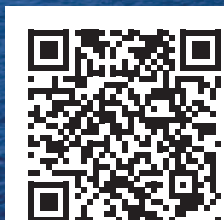
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