

2023 SUMMER CLASS SCHEDULE

Outreach & Workforce Development

See page 9
for details on the
**New Advanced
Manufacturing &
Material Center
(AMMC)**
GRAND OPENING



**LARAMIE COUNTY
COMMUNITY COLLEGE**
Cheyenne | Laramie | Online

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Outreach & Workforce, “Your Training and Education Partner” lccc.wy.edu/workforce

Check out our online LED courses. Many qualify for 1.5 hours of credit through PTSB.

General Course Information

Lifelong Learning

Since its inception, Laramie County Community College has provided educational services to varied populations within its service area. Noncredit continuing education courses are offered every semester through Outreach and Workforce Development, which include areas such as life enrichment, leadership and professional development training, career, and technical courses. These courses and programs are designed to stimulate students and improve their quality of life. Some offerings will encourage professional and academic progress and help develop creativity, and others will broaden a person's scope and interests.

For a full list of classes go to lccc.wy.edu/Community.

For information call:

- Life Enrichment 307.778.1236
- Workforce Training/OSHA..... 307.778.4381
- Eastern Laramie County Outreach Center..... 307.432.1678
- Adult Education 307.637.2450

Accommodations

If you are in need of accommodations for the course you are registered for please contact us at least 30 days prior to the start of class. For a Life Enrichment class call 307.778.1134, for Workforce and Professional Development 307.778.4381.

Nondiscrimination Statement

Laramie County Community College is committed to providing a safe and nondiscriminatory educational and employment environment. The college does not discriminate on the basis of race, color, national origin, sex, disability, religion, age, veteran status, political affiliation, sexual orientation or other status protected by law. Sexual harassment, including sexual violence, is a form of sex discrimination prohibited by Title IX of the Education Amendments of 1972. The college does not discriminate on the basis of sex in its educational, extracurricular, athletic or other programs or in the context of employment.

The College has a designated person to monitor compliance and to answer any questions regarding the college's non-discrimination policies. Please contact: Title IX and ADA Coordinator, Suite 205, Clay Pathfinder Building, 1400 E. College Drive, Cheyenne, WY 82007, 307.778.1302, TitleIX_ADA@lccc.wy.edu.

Errors and Cancellations

This schedule of classes is not a contract, and the college does not assume liability for errors in scheduling. Please inform the college of any errors by calling any of the contact phone numbers listed.

The college reserves the right to cancel any class. The decision to cancel is usually made two business days before the first class meeting, and every effort is made to notify registered students promptly. A full refund is processed automatically unless the student decides to transfer to another class or section of a canceled class. Registering at least two weeks before a class begins helps avoid unnecessary cancellations. In order to ensure class enrollment, students should register with payment no later than two days prior to the start of a class. (Life Enrichment and Business Training will take enrollments up to the starting date of the course.)

The cost to print one class schedule is 15 cents. We distribute three Outreach & Workforce Development schedules each year. These course schedules are recyclable, either to a friend or through your recycling service.

Students who wish to drop a class must do so no later than two business days prior to the start of the class.

Refunds

Class cancelled by LCCC 100%
Withdrawal 2 business days before class begins will be refunded minus a 6% processing fee.

(These policies do not apply to the online ed2go classes.)

Withdrawal after refund deadline No refund;
payment required

If campus closes due to COVID-19, in-person classes that cannot be held virtually will receive a prorated refund. This will not apply to any classes that can be held in a virtual format or online.

Up to date information on Campus COVID requirements can be found at lccc.wy.edu/virus-information.aspx

Guidelines

- There are a minimum number of people who must be enrolled before a class can be held (this number varies depending on the course).
- The Life Enrichment office will notify (to the best of their ability) all students via email for course changes or cancellations.
- Anyone with an idea for a course is welcome to call Life Enrichment at 307.778.1236 or the Workforce and Development office at 307.778.4381
- Students are required to pre-register for their Life Enrichment class. Instructors are unable to accept registrations the day of class.
- Students must attend the section in which they are registered. Students may not attend an alternative section.
- Payment is required at time of registration.
- Please be aware that LCCC does not filter web content and, though they are under supervision, minors will have access to an open internet.
- Student's must be at least 15 years of age or older, unless otherwise stated in class description, to register for a Life Enrichment class.

Policy on Children and Guests in Class

Only enrolled students may attend a Life Enrichment or Workforce Training class. Children in attendance must meet the age requirements for enrollment in a class, as well as, be a registered student in the class they are attending.

Emergency Closure

In the event of inclement weather or any other emergency closure, students are instructed to listen to Cheyenne radio and TV stations for information regarding the cancellation of classes. Tune to the local media outlets as early as 6 a.m. for information or visit lccc.wy.edu.

Disclaimer

This schedule of classes, including tuition and fees, is not a contract, and the college does not assume liability for errors in scheduling or financial charges. Please call any discrepancies to the college's attention. Instructors for courses may change from those listed.

<input type="checkbox"/> LIFE ENRICHMENT CLASSES Mail To: Laramie County Community College, CCI 109 1400 E. College Drive, Cheyenne, WY 82007		Fax: 307.778.1269 Ph: 307.778.1236 or 307.778.1134	Fax # of Pages:
<input type="checkbox"/> WORKFORCE TRAINING Mail To: Laramie County Community College, TC 117 1400 E. College Drive, Cheyenne, WY 82007		Fax: 307.432.1604 Ph: 307.778.4381	Fax # of Pages:
From: Student's Name:			Hm Ph:
Date of Birth:	Email Address:		Wk Ph:
Address:			Cell Ph:
City: State: ZIP:			
Class Name:		No.:	Class Cost: \$
Class Name:		No.:	Class Cost: \$
Class Name:		No.:	Class Cost: \$
Class Name:		No.:	Class Cost: \$
Class Name:		No.:	Class Cost: \$
Check # (If mailing with check) _____ (If sending fax, write MasterCard, Visa or Discover number and expiration date below.)			TOTAL: \$
MC / Visa / Discover #:		V-Code:	Expiration Date:
Signature:			
Please use this form to fax or mail in your registration. Fax Instructions: You may fax your registration by completing the registration form and using your Visa, MasterCard or Discover number and expiration date. Mailing Instructions: If you choose to mail your registration, please mail the completed registration form with a check for the total amount of all classes you're requesting. Make your check payable to LCCC. NOTE: Your registration will be entered upon receipt. Unless you hear from us saying that the class is full, you can assume that you are in the class(es) you requested.			

Register online @ lccc.wy.edu/enrichment

Gift



CERTIFICATE

Give
the
perfect
gift!

- Not eligible for refunds.
- Expires 2 years from date issued.
Funds from vouchers not redeemed by expiration date will be used for Youth Camp Scholarships. Reproductions not valid.

LCCC Life Enrichment | 307.778.1236 | lccc.wy.edu/workforce/lifeEnrichment

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307.778.1236

LOCATION ABBREVIATIONS

LCCC	— 1400 E. College Drive, Cheyenne
BT	Business Technology
CCI	Center for Conferences & Institutes
CT	Career & Technical Building
EEC	Education & Enrichment Center
FA	Fine Arts
HS	Health Sciences Building
TC	The Training Center
TEAMS	Online Conference Application

Registration opens
April 20

We appreciate your feedback.
Please take a moment to complete an online survey about your class.

lccc.wy.edu/lesurvey

Register online at lccc.wy.edu/Enrichment

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Please take a moment to complete an online survey about your class.
lccc.wy.edu/lesurvey

Summer Youth Programs

Creation Station — June 12-16 (see Ad, Page 6)

Ages 8-10 | 9 a.m. to 12 p.m. | Cost: \$125

Ages 11-13 | 1 p.m. to 4 p.m. | Cost: \$125

The Fit Kid's Camp — June 26-29 (See Ad, Page 7)

Ages 8-14 | 8:30 a.m. to 4 p.m. | Cost: \$224

Robotics Camp — July 10-14 (See Ad, Page 6)

Ages 9-12 | 9 a.m. to 4 p.m. | Cost: \$249

REGISTRATION NOW OPEN



A to Z

and Everything in Between

Audio Recording 101

Thinking about that side hustle? Want to record some music or get that new podcast idea off the ground? Come and learn the fundamentals and core concepts of audio recording and digital editing from Toby at TwentyFourSound: where we empower your voice. Toby is a pro music industry veteran and recorder of silly songs for his wife. He has produced audio for podcasts with millions of downloads. Whether it’s for fun or business, come join us.

LIFE 2089.600	MTW	06:30PM-07:30PM	CCI 123
Sessions: 3	\$80	07/10/23-07/12/23	Toby Lyles

Driver’s Education

The driver’s education course is a program consisting of 30 classroom hours, six hours of in-car instruction (outside of classroom hours) and six hours of observation as set forth by the Wyoming State Department of Education. The course meets the basic requirements of the Wyoming Department of Transportation. REQUIREMENTS: (1) one parent must attend the first ½ hour to hour of the first class (for those students under 18); (2) student must have their driving permit prior to registration; (3) student must provide their own licensed and insured vehicle for the one-on-one driving portion of the class, and; (4) attendance is required at each class for the certificate to be issued. It is highly encouraged for students to have at least 10 hours of driving experience before class starts. There is optional simulator time available for interested registered driver’s education students. Contact the Life Enrichment office for more details and to sign up for available slots. Students who do not successfully complete the course may be eligible for additional instruction time for a fee. For more information on this program, please see our website at lccc.wy.edu/lifeEnrichment.

LIFE 1096.600	Sa	08:00AM-12:00PM	CCI 143
	TTh	05:30PM-08:30PM	
Sessions: 9	\$313	06/06/23-06/24/23	David Harris
LIFE 1096.601	Sa	08:00AM-12:00PM	CCI 143
	TTh	05:30PM-08:30PM	
Sessions: 9	\$313	08/01/23-08/19/23	David Harris

Family-Based Immigration Petition

Whether looking to have a parent, spouse, or child immigrate to the United States, a lot is at stake when bringing a family together. This course will cover how and when the US Immigration system allows family members to immigrate to the United States. Specifically, we will review the Petition for Alien Relative form, discuss the process of petitioning for a relative – whether they are in the United States or abroad, and how family-based petitions work when pursued before US Citizenship and Immigration Services.

LIFE 2061.600	W	12:00PM-01:00PM	EEC 211
Session: 1	\$11	06/21/23	Christine Jordan

Arts & Crafting

Basics of Drawing

This will be a fun class for those who always wanted to learn to draw but did not want to commit to the time and cost of a credited class. Basics in shape, form, light, placement, shading and terminology will be taught. By the end of the course, students will have completed one composition that will give them the basic knowledge that creates the illusion of 3-dimensional space on a 1-dimensional canvas. A supply list will be provided at the time of registration.

LIFE 2048.600	T	06:00PM-08:00PM	TC 123
Sessions: 12	\$130	06/06/23-08/29/23	Pamela Hickman
No class July 4.			

Jewelry and Metals Open Studio

The Open Studio allows students to use the equipment in the Metals Laboratory to create small artistic pieces in silver, copper, and brass (no iron or steel), enamel, repoussé and cut, grind, polish, and set semi-precious stones. The studio not only presents the opportunity to use equipment in a safe environment that the student may not have at home but to also interact with other artists in a synergetic manner. This is not an introductory course and requires a student have some basic knowledge of metalsmith and lapidary. Students are responsible for providing all the components for their projects and their consumable supplies. For instance, saw frames are available but saw blades are not provided. There will be an Equipment Review and a Safety Test students must pass before they will be cleared for the use of the equipment. Lab fees are included in the cost of the class. Class will meet a total of 9 sessions during the printed dates. Instructors will provide a course schedule on the first day of class.

LIFE 2046.600	M	03:30PM-07:30PM	FA 144
Sessions: 9	\$70	06/05/23-08/29/23	John and Susie Heller

Learn the ABCs of Crochet

Learn the basics of crocheting: identifying crochet language, learn to read a pattern and create a basic easy crochet project (granny square blanket, basic hat, or scarf). Come away with a sense of accomplishment and a basic project of your own. MATERIALS NEEDED: 1 – H (5.00 mm) hook. Practice yarn and an instruction manual will be provided. Yarn for in-class project and pattern selection will be discussed at the first class.

LIFE 1809.600	Sa	02:00PM-04:00PM	CCI 143
Sessions: 6	\$137	06/03/23-07/08/23	Pamela Hickman
LIFE 1809.601	Sa	02:00PM-04:00PM	CCI 143
Sessions: 6	\$137	07/15/23-08/26/23	Pamela Hickman
No class July 29.			

Dog Training

Mind Your Manners

This class is designed to teach you how to teach your dog. You will learn how to teach basic house manners such as “sit,” “down,” “stay,” and walking on a loose leash. We will work on problem behaviors and learn some fun tricks. Dogs six months or older are welcome. All dogs are required to be current on vaccines including Rabies, Parvo and Bordetella (kennel cough). Bring proof of vaccinations first in-person class. As determined by the instructor, any dog that is not suitable for the group class environment may be asked to not continue training. **NO DOGS FOR ORIENTATION CLASS.**

LIFE 1023.600	Sa	12:00PM-03:00PM	TEAMS
		06/03/23	
		11:00AM-12:30PM	CT 115
Sessions: 7	\$135	06/10/23-07/15/23	Cathy Anderson
LIFE 1023.601	Sa	12:00PM-03:00PM	TEAMS
		06/03/23	
		12:45PM-02:15PM	CT 115
Sessions: 7	\$135	06/10/23-07/15/23	Cathy Anderson

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We appreciate your feedback.
Please take a moment to complete
an online survey about your class.

lccc.wy.edu/lesurvey

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Canine Good Citizen and Trick Dog

AKC’s Canine Good Citizen® (CGC) Program & AKC Trick Dog Novice: CGC is a certification program that is designed to reward dogs who have good manners at home and in the community. All dogs who pass the 10-step CGC test may receive a certificate from the American Kennel Club. In this class, you will learn and practice all ten steps required to pass the certification. And new this year: Do you and your dog love to be the life of the party by showing off his arsenal of tricks? Then he might be perfectly primed to earn AKC Trick Dog titles! There are five AKC Trick Titles you and your dog can earn: This class will focus on AKC Novice Trick Dog (TKN) – In conjunction with the Canine Good Citizen (CGC) certificate or title that you can earn during this class you can also earn a second title too! All it takes is 5 Novice tricks (CGC + 5) to earn the Novice title. The last class, May 14th we will do both tests and if you and your dog pass all ten steps and perform all 5 tricks you will qualify to request two certificates from the American Kennel Club. Any breed or mixed breed can be certified with as a Canine Good Citizen (CGC). Your dog does not need to be AKC registered to receive a Trick Dog Novice Title the class is mostly to find something fun to do with your dog. There is no age limit to take this class, however all dogs must have attended a local obedience class. Please bring dogs and proof of vaccine on day of first class.

LIFE 2041.600 Sa 02:30PM-03:30PM CT 115
Sessions: 6 \$135 06/10/23-07/15/23 Cathy Anderson

Financial

Medicare Basics

Are you eligible for Medicare or will be shortly? Are you married to someone who will be? Are your parents approaching that age? How do you sign up for Medicare? Do you need to sign up? What if you don’t sign up? What are the penalties if you don’t? What if you are covered by another insurance plan? What is covered by each part of Medicare? What is Medicare Part C – I have never heard of that? Why do I need to pick a Medicare Part D plan? What is a prescription drug plan anyway? What is the difference between a Supplemental plan and a Medigap plan? Do I need them both? Why should I have long term care insurance if I have Medicare? Doesn’t Medicaid pay for that anyway? This class is designed to provide for a brief overview of these topics and help clear up some myths about insurance when we reach age 65.

LIFE 1415.600 M 06:30PM-08:30PM CCI 143
Session: 1 \$17 06/12/23 Charlie Simineo

Medicare: Understanding Medicare Drug Programs

Are you eligible for Medicare, or will be shortly? You probably have the following questions: Will my drugs be covered? Do I need to get drug coverage? How do I sign up? What do you mean there could be a penalty? What if I am covered by another insurance plan? If I am taking no drugs, why do I need to pick a Part D plan? What does picking a Part D plan even mean? How do I do it? Do I need to select a different plan each year? What if I have used the same plan for several years? I hear about Open Enrollment, what does that mean? If you have had any of these questions, this class is for you.

LIFE 1970.600 M 06:30PM-08:30PM CCI 123
Session: 1 \$17 06/19/23 Charlie Simineo

Medicare Advantage Plan, Long-term Care Insurance and Medigap Clarified

Medicare Advantage Plans are new to Wyoming. What are they? What’s the difference between a Medigap policy and Supplemental Medicare policy? What is the best time to buy a Medigap or a Supplemental Medicare policy? What does the alphabet have to do with a Medigap policy? Is a Medicare Advantage plan, or regular Medicare with a Supplemental plan, best for me? A portion of the class will be spent on long term care policies as well. We will define terms frequently used, the length of time long term care policies pay and how you know what they pay for. Additionally, we will find out where and when you should buy them.

LIFE 2077.600 M 06:30PM-08:30PM CCI 123
Session: 1 \$17 06/26/23 Charlie Simineo

Savvy Social Security Planning

Decisions on when to begin your Social Security benefits can have a tremendous impact on the total benefits you receive over your lifetime. Come and learn from two Certified Financial Planner practitioners: How much you can expect to receive; how to coordinate spousal benefits; and how to minimize taxes on Social Security. What are the 5 factors to consider when deciding when to apply? We’ll also cover when it makes sense to delay benefits and how to coordinate Social Security with your other retirement income. Come and learn what Baby Boomers need to know to maximize retirement income.

LIFE 1894.600 TTh 07:00PM-08:30PM HS 104
Sessions: 2 \$18 06/13/23-06/15/23 Sandy Patrick

Savvy Planning for Turning 70

If you’re turning 70 soon, this seminar is for you! Designed for those approaching that magic IRS age or just if you want to understand how annual Required Minimum Distributions (RMDs) work. We’ll cover how they are calculated and how to determine when you must begin taking funds from your tax-deferred retirement savings. We’ll discuss when it may save taxes to withdraw funds early and when it may make sense to delay withdrawals. We’ll consider taxation of Social Security; how Qualified Charitable Distributions (QCDs) work to save you taxes, and more – all in easy to understand language.

LIFE 1895.600 WF 10:00AM-11:30AM CCI 143
Sessions: 2 \$18 06/14/23-06/16/23 Sandy Patrick

Building a Retirement Income Plan

With retirement within sight, now’s the time to figure out how to turn your savings and investments into a paycheck – so you can live comfortably and still achieve your goals. For many, the challenge is easier said than done and comes alongside fears of spending too much now and not having enough later, or the worry of denying yourself if you don’t spend. In this class, we will discuss how to design your retirement income strategy to maximize income and minimize taxes.

LIFE 1928.600 TTh 05:30PM-07:30PM CCI 123
Sessions: 2 \$12 06/20/23-06/22/23 Jess Ryan

Tax Planning for Seniors

Tired of your savings and investment dollars being eaten away by taxes? Learn from two Certified Financial Planners some of the specialized tax planning issues of retirement, including taxation of Social Security and managing Required Minimum Distributions (RMDs) from retirement accounts when you turn 70 1/2, plus general tax planning strategies. Discover how to take advantage of many common opportunities to minimize taxes. The discussion will cover tax-free investments, tax advantages of real estate, IRAs and other tax-deferred retirement accounts, as well as understanding the new tax laws and how our income tax system works in easy to understand language.

LIFE 1432.600 TTh 10:00AM-11:30AM CCI 123
Sessions: 2 \$18 08/01/23-08/03/23 Sandy Patrick

Top 10 Most Common Estate Planning Mistakes

When it comes to estate planning, far too many Americans are woefully unprepared. We’ve identified some of the biggest and most common estate planning mistakes. Come learn from a Certified Financial Planner practitioner the “Top Ten” most frequent estate planning errors and how to avoid or fix them. Don’t leave yourself or your loved ones at risk to things going awry. Estate planning can be confusing. This short workshop will remove the mystery in easy to understand language and with worksheets to take home.

LIFE 1957.600 TTh 10:00AM-11:30AM TC 112
Sessions: 2 \$20 06/20/23-06/22/23 Sandra Patrick

Registration opens
April 20

Fitness

Taijiquan the Internal Martial Arts

Taijiquan is an ancient Chinese Internal Martial Art. All Taiji postures have martial application, self defense techniques, therefore this class is taught as a Martial Art. These Martial applications are comprised of eight hand skills and Taiji principles and concepts. In this class, students will be introduced to four hand skills: peng, lu, ji, an and push hands skills.

LIFE 2088.600 TTh 06:00PM-07:00PM TC 112
Sessions: 12 \$92 06/01/23-07/13/23 Michele Schmidt
No class July 4.

LIFE 2088.601 TTh 06:00PM-07:00PM TC 112
Sessions: 12 \$92 07/18/23-08/24/23 Michele Schmidt

Morning Relaxation, Stretching and Balance through Tai Chi

This introductory Tai Chi class is designed for seniors interested in stretching and improving their balance by practicing the Tai Chi posture, walk and simple Tai Chi movements. Students will also be introduced to breathing and relaxation exercises. Potentially a student may want to take this class multiple times to perfect form before progressing to next level Tai Chi class.

LIFE 2083.600 MW 08:30AM-09:30AM TC 123
Sessions: 8 \$62 06/05/23-06/28/23 Michele Schmidt

LIFE 2083.601 MW 08:30AM-09:30AM CCI 121
Sessions: 8 \$62 08/07/23-08/30/23 Michele Schmidt

Early Evening Foundational Hatha Yoga

Welcome to Yoga– In this class, you will learn and practice yoga postures meant to align, strengthen, and promote flexibility in your body. This is a foundational practice which consists of 40 postures, and is an accessible, cardiovascular sequence where postures are held for 30-45 seconds per side to build muscular strength, endurance and flexibility. You can expect an emphasis on simplicity, repetition, and ease of movement. All skill levels are welcome.

LIFE 2092.600 W 05:30PM-06:30PM TC 112
Sessions: 4 \$40 06/07/23-06/28/23 Sangree Froelicher

LIFE 2092.601 W 05:30PM-06:30PM TC 112
Sessions: 4 \$40 08/09/23-08/30/23 Sangree Froelicher

Open House: Taijiquan Self-Defense & Martial Arts for Young People

This open house is for those students and parents interested in the Taijiquan Self-Defense and Martial Arts Skills for Young People classes that we offer. We will go over some relaxation and breathing’s techniques along with self-defense skills. The goal is to give our youth tools to keep them centered and this program is designed to build confidence in our young people.

LIFE 2090.600 Sa 11:00AM-12:00PM CCI 121
Session: 1 FREE 08/12/23 Michele Schmidt

Open House: Taijiquan the Internal Martial Arts

Come join us if you are interested in “Taijiquan the Internal Martial Art” class. We will demonstrate Taiji Dalu, 2 Person Four Hands and Push Hands Skills.

LIFE 2091.600 Sa 11:00AM-12:00PM CCI 121
Session: 1 FREE 08/19/23 Michele Schmidt

Language

Conversational French 1

Bonjour! This is the course for you even if you have no previous experience with the French language! This course emphasizes proficiency, with attention to speaking and listening skills, self-expression, and cultural insights. Classroom activities are varied, interactive, and focused on acquiring listening, speaking, reading, and writing skills simultaneously – always in the context of French culture. Textbook included.

LIFE 1839.600 W 05:30PM-06:45PM BT 112
Sessions: 10 \$142 06/07/23-08/16/23 Dennis Dicampoli
No class July 26.

Conversational French 2

Bonjour, encore! Hello, again! Conversational French 2 will help you to further polish and refine your proficiency in French language and culture with vocabulary and pronunciation. Learning French becomes the bridge between you and the people and cultures of the French-speaking world. You will be able to develop and enhance even more practical applications of French in your listening, reading, speaking, and writing skills. French will better prepare you to live in today’s multi-linguistic, multi-cultural and transnational world. Textbook included.

LIFE 1887.600 W 07:00PM-08:30PM BT 112
Sessions: 10 \$142 06/07/23-08/16/23 Dennis Dicampoli
No class July 26.

Conversational Spanish 1

Hola amigos! Hello friends! How would you like to begin an exciting journey into the world of Spanish language and culture? Your ability to speak, read, and write Spanish is a valuable and wonderful skill that allows you to travel to places you only dreamed of. Your job market will expand globally and you will be able to better communicate with the people of different cultures. Your goal is to develop a greater understanding and appreciation of the Spanish speaking world and of the culture around you. Includes textbook.

LIFE 1554.600 M 05:30PM-06:45PM BT 112
Sessions: 10 \$142 06/05/23-08/07/23 Dennis Dicampoli

Online Learning

Singapore Math: Number Sense and Computational Strategies

Singaporean teachers make math purposeful, interesting, and relevant using a layered curriculum founded on solid number sense and concrete, pictorial, and abstract computational strategies. This course will introduce numerous strategies to create meaningful math lessons of your own.

You will be introduced to what Singapore Math is and how it has become such a powerful and highly regarded math curriculum. Then you discover how number sense and place value instruction are the basis for all Singapore Math. From there, you will learn a variety of computational strategies to make addition, subtraction, multiplication, and division a cinch. You won’t need a passport to discover the curriculum of the world’s math leader!

Cost: \$99 Location: online ed2go.com/larcoco
Days and Times: start date is middle of each month, 6-week class

Solving Classroom Discipline Problems

Why do some teachers enjoy peaceful, orderly classrooms while other teachers face daily discipline battles? The answer is that many teachers have not been taught the secrets to solving discipline problems. This course reveals those secrets and presents a step-by-step approach to effective, positive classroom discipline. Teachers continually rate this course one of the most valuable they have ever taken.

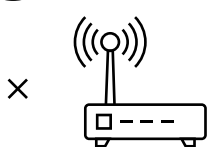
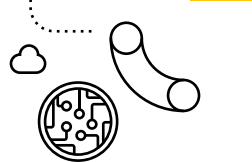
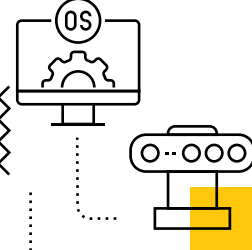
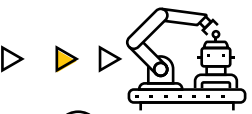
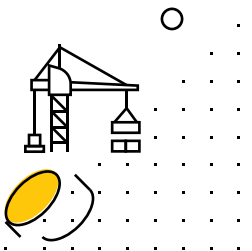
Cost: \$99 Location: online ed2go.com/larcoco
Days and Times: start date is middle of each month, 6-week class

A to Z Grant Writing

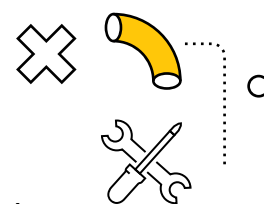
A to Z Grant Writing will take you through the process of finding and writing a grant application. Using a Theory of Change process to engage stakeholders in framing a grant application, you will prepare a draft of a grant application of your choice step-by-step. In doing so, you will learn what grant funders look for in an application by reviewing pieces of your peers’ grant proposals to provide and receive feedback. Additional features include six teachable moments videos and six choose your own adventure branching scenarios.

Cost: \$99 Location: online ed2go.com/larcoco
Days and Times: start date is middle of each month, 6-week class

Register online @
lccc.wy.edu/enrichment



Robotics CAMP

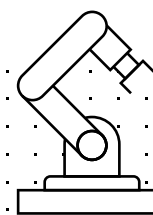


Robots aren't just for entertainment anymore. Some are used to assist in surgeries, others can deliver food, clean the grocery store floor independently, help fight forest fires, or even assist in dangerous military and rescue operations. During this week-long robotics camp, we will explore the components of a robot and use science, engineering, technology and creativity to build our own robots. Then you will have the opportunity to guide the VEX robots through fun challenges. In addition, we will get an exclusive tour of the new Advanced Manufacturing and Material Center (AMMC) on campus that shows how robots are used to build and create items we use every day. Whether you are an experienced roboticist or not, you are welcome! Be sure to pack a lunch each day!

July 10-14, 9 a.m. to 4 p.m. | Cost: \$249

Ages 9-12 years

Kid drop off begins at 8:45 a.m.



Register online at lccc.wy.edu/summer

CREATION STATION

Welcome to LCCC's Advanced Manufacturing and Material Center. In this career exploration camp, kids will get hands on with the next generation of manufacturing. We will explore the world of robotic arms, additive manufacturing and other cutting edge technology that create the things we use today. Kids will learn what goes into developing new ideas and 3D print their own invention.

June 12-16, 9 a.m. to 12 p.m. | Cost: \$125

Ages 8-10 years

Kid drop off begins at 8:45 a.m.

June 12-16, 1 p.m. to 4 p.m. | Cost: \$125

Ages 11-13 years

Kid drop off begins at 12:45 p.m.

Register online at lccc.wy.edu/summer

FITKIDS CAMP 2023

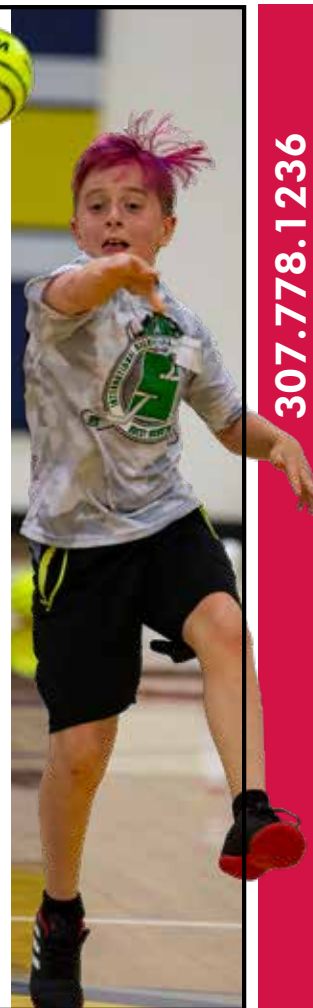
Want to give your kids the road map to a long, healthy life? Bring them to The Fit Kids Camp! We promote fun, fitness and nutrition through games and play. The camp is packed with lessons on sportsmanship, eating right and exercise, your child will learn what a healthy lifestyle is all about and why it's important. Each student must bring a sack lunch (there is no microwave or refrigerator on site), swim suit and a towel for each day. No Flip Flops Please.

June 26-29, 8:30 a.m. to 4 p.m., CCI 143 | Ages 8-14 | Cost: \$224
Kid drop off begins at 8:15 a.m.

Camp Highlights

- ⌘ Hiking ⌘ Frisbee Golf ⌘ Obstacle Course
- ⌘ Geo-caching ⌘ Dodgeball ⌘ Outdoor Games
- ⌘ Homemade Healthy Snacks ⌘ Info on Strength Training and Fitness

Register online at lccc.wy.edu/summer



307.778.1236

2023 CLAY WATERCOLOR WORKSHOP



Artist Reception & Presentation with **KIM JOHNSON NECHTMAN**



June 8, 2023 | 6 pm

Surbrugg/Prentice Auditorium
at Laramie County Community College

Free and open to the public

**lccc.wy.edu/culturalseries
or call 307.778.1285**



CULTURAL
& COMMUNITY
ENRICHMENT
SERIES
CLAY WATERCOLOR WORKSHOP

LIFE ENRICHMENT IN CHEYENNE

DRIVER SIMULATOR

Do you have a new driver in your house? Would you like to try out their knowledge of Rules of the Road before they drive the streets? The driver simulator is an excellent choice for those who are new to driving or would just like more practice. Included with driver education class.
Other times \$15 per one hour session.

**Register @ lccc.wy.edu/Enrichment
or 307.778.1236.**



Complete Your Continuing Education Hours ONLINE



Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Visit our website to view start dates for the courses that interest you.

Below are just a few of our most popular continuing education courses:

- **Enhancing Language Development in Childhood**
- **Teaching Students With Autism: Strategies for Success**
- **Differentiated Instruction in the Classroom**
- **Creating K-12 Learning Materials**
- **Survival Kit for New Teachers**
- **Spanish in the Classroom**

**Learn from the
comfort of home!**

- **24-Hour Access**
- **Discussion Areas**
- **6 Week Format**

Please consult your
Professional Development
Coordinator for continuing
education approval.

**Prices
Start at \$99**

Over **50** Continuing Education Certified Online Courses!

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Laramie County Community College



GRAND OPENING RIBBON CUTTING & OPEN HOUSE

Explore cutting edge equipment including CNC mills and lathes, Coordinate Measuring Machine, Wire EDM, 5-Axis CNC, Plastic and Metal 3-D printers, Robots and our new Z-Space – the ultimate virtual reality experience!

April 14, 2023

Ribbon Cutting and Remarks from Dignitaries
11:30 a.m. – 12:15 p.m.

Facility Tours and Equipment Demonstrations
12:30 – 3:30 p.m.

LCCC Advanced Manufacturing & Material Center
Career & Technical Building
1400 E College Drive, Cheyenne, WY

Manufacturing Kids' Day

9-12 year olds join us for a fun morning of learning how some of your favorite things are made. Be one of the first to explore the new Advanced Manufacturing and Material Center (AMMC) and get a look at the next generation of how things are made. Using Tinkercad, we will get hands on creating our own designs using additive manufacturing (3D printing) to bring those designs to life.

April 22, 9 a.m. to 12 p.m. | Cost: \$15

Ages 9-12 years

Kid drop off begins at 8:45 a.m.

Register online at lccc.wy.edu/summer





NONCREDIT REGISTRATION INFORMATION

You may register for noncredit Workforce Development classes online at lccc.wy.edu/workforce or by calling 307.778.4381 (For refund, cancelation and withdrawal information see inside front cover.)

WORKFORCE TRAINING AT A GLANCE . . .

COURSE TITLE	SECTION CODE	DAY	DATE	TIME	LOCATION	COST	INSTRUCTOR	PAGE
COMPUTER APPLICATIONS TRAINING								
Administrative Support Specialist	BTWD 0215.600	Th	06/15/23-08/17/23	08:00AM-12:00PM	TC 103	\$2,200	Janice Cheever	11
MS Excel Level 1	BTWD 0737.601	W	07/12/23	09:00AM-04:00PM	TC 103	\$129	Janice Cheever	11
	BTWD 0737.602	W	08/09/23	09:00AM-04:00PM	TC 103	\$129	Janice Cheever	
MS Excel Level 2	BTWD 0741.600	W	08/23/23	09:00AM-04:00PM	TC 103	\$129	Janice Cheever	11
MS Excel Level 3	BTWD 0742.600	W	08/30/23	09:00AM-04:00PM	TC 103	\$129	Janice Cheever	11
MS Outlook Complete	BTWD 0740.600	W	08/02/23	09:00AM-04:00PM	TC 103	\$129	Janice Cheever	11
MS PowerPoint Level 1	BTWD 0739.600	W	06/28/23	09:00AM-04:00PM	TC 103	\$129	Janice Cheever	11
MS Word Level 1	BTWD 0738.600	W	06/21/23	09:00AM-04:00PM	TC 103	\$129	Janice Cheever	11
Smartsheet	BTWD 0674.600	W	06/07/23	09:00AM-12:00PM	TC 103	\$79	Janice Cheever	11
CPR, FIRST AID AND EMERGENCY SERVICES								
CPR and First Aid	EMTN 4010.600	Th	06/08/23	06:00PM-09:00PM	TC 115	\$110	Ariel Schmitzer	11
	EMTN 4010.601	Th	06/22/23	06:00PM-09:00PM	TC 115	\$110	Ariel Schmitzer	
	EMTN 4010.602	Th	07/13/23	06:00PM-09:00PM	TC 115	\$110	Ariel Schmitzer	
	EMTN 4010.603	Th	08/10/23	06:00PM-09:00PM	TC 115	\$110	Ariel Schmitzer	
	EMTN 4010.604	Th	08/24/23	06:00PM-09:00PM	TC 115	\$110	Ariel Schmitzer	
CPR for Healthcare Providers	EMTN 4015.600	F	06/02/23	09:00AM-12:00PM	TC 115	\$89	Frances Phelps	11
	EMTN 4015.601	F	06/16/23	09:00AM-12:00PM	TC 115	\$89	Frances Phelps	
	EMTN 4015.602	F	06/30/23	09:00AM-12:00PM	TC 115	\$89	Frances Phelps	
	EMTN 4015.603	F	07/14/23	09:00AM-12:00PM	TC 115	\$89	Frances Phelps	
	EMTN 4015.604	F	08/04/23	09:00AM-12:00PM	TC 115	\$89	Frances Phelps	
	EMTN 4015.605	F	08/18/23	09:00AM-12:00PM	TC 115	\$89	Frances Phelps	
LEADERSHIP, ORGANIZATIONAL AND PROFESSIONAL DEVELOPMENT								
Bridges Out of Poverty 4-HOUR	BTWD 0684.600	W	06/28/23	01:00PM-05:00PM	TC 112	\$99	Melissa Martin	11
Communicating for Leadership Success	BTWD 0405.600	T	05/09/23	08:00AM-12:00PM	TC 112	\$99	Monica Puente	
	BTWD 0405.601	Th	06/15/23	08:00AM-12:00PM	TC 112	\$99	Melissa Martin	11
	BTWD 0405.602	T	08/15/23	08:00AM-12:00PM	TC 112	\$99	Lisa Will	
Critical Thinking Skills	BTWD 0670.600	T	07/18/23	08:00AM-12:00PM	TC 112	\$99	Lisa Will	11
Crucial Conversations	BTWD 0477.600	TF	06/29/23-06/30/23	08:00AM-05:00PM	TC 112	\$399	Melissa Martin	12
Effective Listening At Work	BTWD 0422.600	Th	06/15/23	01:00PM-05:00PM	TC 112	\$99	Lisa Will	12
Emotional Intelligence	BTWD 0217.600	T	06/13/23	08:00AM-12:00PM	TC 112	\$99	Lisa Will	12
	BTWD 0217.601	Th	08/24/23	01:00PM-05:00PM	TC 112	\$99	Melissa Martin	
Enhancing Customer Service	BTWD 0699.600	W	05/24/23	08:00AM-12:00PM	TC 123	\$99	Monica Puente	
	BTWD 0699.601	W	06/28/23	08:00AM-12:00PM	TC 112	\$99	Monica Puente	12
	BTWD 0699.602	T	08/08/23	08:00AM-12:00PM	TC 123	\$99	Monica Puente	
Generations in the Workplace	BTWD 0136.600	W	08/02/23	01:00PM-05:00PM	TC 112	\$99	Lisa Will	12
Good Grammar a Refresher Course	BTWD 0611.600	T	06/06/23	08:00AM-12:00PM	TC 123	\$99	Monica Puente	12
	BTWD 0611.601	W	08/16/23	08:00AM-12:00PM	TC 123	\$99	Monica Puente	
Influencing Others	BTWD 0056.600	Th	05/11/23	01:00PM-05:00PM	TC 123	\$99	Melissa Martin	
	BTWD 0056.601	M	06/26/23	08:00AM-12:00PM	TC 112	\$99	Monica Puente	12
	BTWD 0056.602	Th	07/06/23	08:00AM-12:00PM	TC 112	\$99	Monica Puente	
Leading Others Through Change	BTWD 0692.600	Th	07/13/23	01:00PM-05:00PM	TC 112	\$99	Melissa Martin	12
	BTWD 0563.600	T	07/11/23	08:00AM-05:00PM	TC 112	\$199	Monica Puente	
New Supervisor Training	BTWD 0563.601	W	08/23/23	08:00AM-05:00PM	TC 112	\$199	Monica Puente	12
	BTWD 0563.602	Th	05/04/23	08:00AM-05:00PM	TC 123	\$199	Monica Puente	
Problem Solving	BTWD 0090.600	W	07/19/23	08:00AM-12:00PM	TC 112	\$99	Lisa Will	12
TECHNICAL TRAINING								
Certified Fiber Optics Technician (CFOT)	BTWD 0158.600	MT W	06/19/23-06/21/23	08:00AM-05:00PM 08:00AM-12:00PM	FT 104	\$995	Staff	12
Certified Fiber Optics Specialist in Testing & Maintenance (CFOS/T)	BTWD 0159.600	Th	06/21/23-06/22/23	08:00AM-05:00PM	FT 104	\$895	Staff	12
		W		08:00AM-12:00PM				
Certified Fiber Optics Splicing Specialist (CFOS/S)	BTWD 0247.600	F	06/23/23	08:00AM-05:00PM	FT 104	\$895	Staff	12

DESCRIPTIONS

See Page 10 for dates and times.

COMPUTER APPLICATIONS TRAINING

Administrative Support Specialist

This hybrid course will prepare students for the globally recognized certifications in IC3-GS6 Digital Literacy, Microsoft Office Specialist (MOS) Word Associate, MOS Excel Associate, MOS Outlook Associate, and Communication Skills for Business (CSB). Students will learn skills to become an indispensable member of an office team by providing high productivity and efficiency including soft skills training for workplace stability, dealing with conflict, time management, information and records management and travel and meeting coordination.

MS Excel Level 1

Excel Level 1 provides the basic concepts and skills students need to start being productive with Microsoft Excel: how to create, save, share, and print worksheets that contain various kinds of calculations and formatting. Students will benefit most from this course if they want to accomplish basic workplace tasks in Excel, or if they want to have a solid foundation for continuing on to become an Excel Expert. If they intend to take a Microsoft Office Specialist or Expert exam for Excel, this courseware is a good place to start their preparation, but they will need to continue on to other courses to be fully prepared for either exam. The course assumes students know how to use a computer, and that they're familiar with Microsoft Windows. It does not assume that they've used a different version of Excel or another spreadsheet program before.

MS Excel Level 2

Excel Level 2 builds on the basic concepts and skills of our Level 1 course to provide more advanced tools for analysis and presentation of complex, realistic data in Microsoft Excel: how to manage complex workbooks, build more complex functions, use data analysis tools, make an impact with powerful chart and presentation features, and collaborate with other users. Students will benefit most from this course if they want to use Excel 2019 to perform real-world tasks such as rearranging and presenting complex data. The course assumes students know how to use a computer, that they're familiar with Microsoft Windows, and that they've taken the Level 1 course or have equivalent introductory experience with Excel.

MS Excel Level 3

Excel Level 3 builds on the concepts and skills of our Level 1 and Level 2 courses to provide advanced tools for solving real-world problems in Microsoft Excel: lookup and decision-making functions, auditing and error-handling, array functions, date and text functions, importing and exporting, what-if-analysis, and macros. Students will benefit most from this course if they want to use Excel to perform real-world tasks such as handling and getting information from large amounts of data from sources inside out and outside of Excel, creating output that varies according to conditions, manipulating dates and text, and automating repetitive tasks. The course assumes students know how to use a computer, that they're familiar with Microsoft Windows, and that they've taken the Level 1 and Level 2 courses or have equivalent introductory experience with Excel. The exercises are more detailed and complex than those in levels 1 and 2.

MS Outlook Complete

Outlook Complete provides the concepts and skills to be productive with Microsoft Outlook, starting with fundamentals and working up to advanced tools and techniques.

MS PowerPoint Level 1

PowerPoint Level 1 provides the basic concepts and skills that you need to start being productive with Microsoft PowerPoint: How to create, navigate, format, and customize PowerPoint presentations. You will benefit most from this course if you want to accomplish basic workplace tasks in PowerPoint, or if you want to have a solid foundation for continuing on to master PowerPoint. If you intend to take a Microsoft Office exam for PowerPoint, this course is a good place to start your preparation. The course assumes you know how to use a computer, and that you're familiar with Microsoft Windows.

MS Word Level 1

Word Level 1 provides the basic concepts and skills to start being productive with Microsoft Word: how to create, format, and set up a document, and how to add graphics and tables. Students will benefit most from this course if they want to accomplish basic workplace tasks in Word, or if they want to have a solid foundation for continuing on to become Word Expert. If students intend to take a Microsoft Office Specialist or Expert exam for Word, this course is a good place to start preparation, but they will need to complete other courses to be fully prepared for either exam. The course assumes that students know how to use a computer, and that they are familiar with Microsoft Windows.

Smartsheet

Smartsheet is a software that can be used to assign tasks, track project progress, manage calendars, share documents, and manage other work, using a tabular user interface. Transform your work into dynamic work with a single, flexible platform that unifies collaboration, workflows, and content management, giving everyone the ability to continuously make an impact and increase efficiency and productivity. PREREQUISITE: Students must have their own Smartsheet account and be able to log in.

CPR, FIRST AID AND EMERGENCY SERVICES

CPR and First Aid

During this course, you will gain knowledge and skills that may help save a life. You will learn the basics of first aid, the most common life-threatening emergencies, how to recognize them, and how to help. You will also learn how to recognize when someone needs CPR, how to call for help, and how to give CPR and use an AED (automated external defibrillator).

CPR for Healthcare Providers

Basic Life Support (BLS) Provider Course is the foundation for saving lives after cardiac arrest. You will learn the skills of high-quality cardiopulmonary resuscitation (CPR) for victims of all ages and will practice delivery of these skills both as a single rescuer and as a member of a multi-rescuer team. This course focuses on what healthcare rescuers need to know to perform high-quality CPR in a wide variety of settings. You will also learn how to respond to choking emergencies and how to use an automated external defibrillator (AED).

LEADERSHIP, ORGANIZATIONAL AND PROFESSIONAL DEVELOPMENT

Bridges Out of Poverty 4-HOUR

The effects of poverty are felt in our communities each day. This workshop introduces you to a comprehensive approach for understanding the dynamics that cause and maintain poverty from the individual to the systemic levels. Bridges Out of Poverty uses the lens of economic class and provides concrete tools and strategies for a community to prevent, reduce, and alleviate poverty.

Communicating for Leadership Success

Solid communication skills are an essential leadership competency. This workshop will increase your ability to recognize situations that require leaders to communicate with their employees, understand the role of active listening, identify the best ways to convey your message, effectively communicate performance expectations, provide feedback, facilitate the learning processes, and implement strategies for communicating in times of change and uncertainty.

Critical Thinking Skills

Most people would agree that critical thinking is an important workplace skill, but what exactly is it? Critical thinking is reasonable, reflective thinking that is focused on deciding what to believe and what to do. It guides decision-making by engaging in logical reasoning, avoiding mistakes due to bias or inaccurate assumptions, and systematically working through options to identify the most relevant and reasonable solution. Participants will learn to examine, explore, and evaluate situations to develop better decision-making skills.

lccc.wy.edu/workforce

Crucial Conversations

Is a conversation that you are not holding keeping you from getting the results you desire? If so, you may be avoiding a crucial conversation; a discussion between two or more people where stakes are high, opinions vary, and emotions run strong. The Crucial Conversations experience provides you with a set of tools and skills to build alignment, agreement, and interpersonal communication within your team and organization.

Effective Listening At Work

Participants explore ways to improve their listening strengths as well as identify ways to improve their listening habits to meet the needs of their workplace. This discussion-based and activity-driven workshop will help participants increase awareness of ineffective listening habits as well as develop skills to improve listening in a variety of situations.

Emotional Intelligence

Emotional intelligence is one of the strongest indicators of professional success and increases personal motivation, empathy and self-awareness. Participants will learn the four components of emotional intelligence and their impact on both personal and professional success.

Enhancing Customer Service

Customer-centric organizations prioritize the customer's experience, but it does not happen on its own. Develop your service delivery strategies to manage challenging customer situations, proactively respond to conflict, and create mistake-proof processes to minimize customer frustrations and build positive relationships.

Generations in the Workplace

Explore the various generations in today's workplace. Discover the benefits and identify the challenges that result from an age-diverse workforce. Receive practical tools and strategies to improve workplace communication and teamwork.

Good Grammar a Refresher Course

Revisit essential grammar and punctuation rules to improve your writing skills. In this no-nonsense workshop, you will learn how to avoid common grammar, punctuation, subject-verb agreement, and commonly confused word mistakes that impact your message and diminish your reputation.

Influencing Others

Influencing goes beyond positions of power and encompasses more subtle skills like empathy and active listening; it is rooted in effective communication skills and self-understanding. Learn how to demonstrate authenticity and integrity through your interactions with others and how a strong sense of self-awareness lays the groundwork for mastering the art of influence-leading to improved working relationships and increased opportunities to see your ideas grow.

Leading Others Through Change

Leading others through change requires thoughtful planning and innovative options. This course provides a clearer understanding of what happens to people when an organizational change initiative occurs. It introduces tools and techniques to more effectively lead change efforts in your organization including understanding why change initiatives fail and how to ensure their success, implementing a framework to actively lead change efforts, and evaluating change initiatives to ensure an efficient transition.

New Supervisor Training

Transitioning from employee to supervisor is one of the biggest career moves. Embrace your new role as you are introduced to essential skills in five key areas: promoting communication, guiding work, leading the workforce, coaching employee performance, and developing self during this one-day workshop.

Problem Solving

Improve workplace performance by gaining innovative tools for problem solving.

TECHNICAL TRAINING

Certified Fiber Optics Technician (CFOT)

This introductory approximately 2½ day fiber optics technician course is designed for anyone interested in becoming a Certified Fiber Optics Technician. This training combines theory and 85% hands-on activities to prepare the student to take the Certified Fiber Optic Technician (CFOT) test that is sanctioned by the Fiber Optics Association (FOA) and given and graded the final class day. This course also introduces the student to industry standards governing Fiber-To-The-Desk (FTTD), Fiber-To-The-Home (FTTH), and Distribution Cabling. Students will learn how to identify fiber types, recognize various connectors used in fiber installation; and install, terminate, splice, and properly test installed fiber cable to existing standards. This program explores the history and future of fiber optics and fiber optics capabilities, and basic testing and troubleshooting. Anyone interested in becoming a Certified Fiber Optics Technician should attend this class. Note: The student must pass both the written and hands on exams to successfully pass this course.

Certified Fiber Optics Specialist in Testing & Maintenance (CFOS/T)

This 2-day (12-hour) program is designed to offer advanced training to anyone involved with the testing and maintenance of fiber optics networks. A focal point in the program is to offer a general, easy to understand, approach to fiber optics testing standards with little theory and considerable hands on activities. This program prepares the student to take the Advanced Fiber Optics Certification Exam given at the end of class. Prerequisite: CFOT course or another formal fiber optics training course within preceding six months, or one year of fiber optics related experience. (Prerequisite: CFOT course.)

Certified Fiber Optics Splicing Specialist (CFOS/S)

This two day, approximately 8-hour splicing specialist training includes a complete presentation explaining the importance of high performance splicing and further details the points necessary to achieve these splices. The depth of this presentation is much greater than most textbooks and provides background information about splicing that is very important to the student. An overview of OTDR functions and trace understanding is also provided during this presentation. 85% hands-on classroom activities will provide training in both fusion and mechanical splicing of either single or multimode fiber optic cables. Inside or outside plant fiber optic cable types will be utilized at instructor's discretion during these hands-on sessions along with fiber optics enclosures and splice trays. (Prerequisite: CFOT course.)

REGISTER EARLY
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Microsoft® Office Specialist (MOS) Certification Training

\$349 Per Application (includes test voucher)

MOS certifications are industry-recognized credentials that validate proficiency in technical skills using software applications. The Microsoft® Office Specialist exams include Word, Word Expert, Excel, Excel Expert, Access, PowerPoint, and Outlook. Students work independently, self-paced, with instructor available as needed. Call 307.778.4381 or email dkaelin@lccc.wy.edu for more details.



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Online Career Training Programs

Our career training programs can start you on a path to an in-demand profession or help advance your current career with industry certification. You may begin these programs at any time and learn at your own pace. Upon successful completion of all coursework, you will receive a certificate of completion.

Features:

- **6-18 month self-paced, start anytime**
- **Textbook and materials included**
- **Prepare for industry certification**
- **Certification exam vouchers are included**
- **Student advisors provide you coaching, motivation, and career readiness support**

Other Program Categories:

- Business and Professional
- Healthcare and Fitness
- IT and Software Development
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial

All materials are included in the program fees. Each course has an instructor assigned to answer questions and solve student problems.

Laramie County Community College

Administrative Professional with Microsoft Office 2016 Master

This program teaches the skills you need to become a successful administrative professional and prepares you to sit for the Microsoft Office 2016 Master Certification exams.

Administrative Professional with Microsoft Office Specialist 2016

This program teaches key skills for becoming an administrative professional and prepares you to sit for the Microsoft Office Specialist Certification exams.

CBCS Administrative Medical Specialist with Medical Billing and Coding

This nationally recognized program combines the Administrative Medical Specialist program with training in medical billing and coding and medical terminology to give you a competitive edge in the healthcare field.

CBCS Medical Billing and Coding

This nationally recognized program combines the Medical Billing and Coding program with 60 hours of medical terminology training to give you a competitive edge in the healthcare field.

Professional Bookkeeping with QuickBooks Online

Acquire the skills you need to make the most of QuickBooks Online. This course will help you understand how to get your business finances in order and save time with this powerful and useful tool. This course also serves as preparation for the certified user exam.

Certified Technical Writer

Examine the field of technical writing, learn how to write within any technical writing context, and develop your own portfolio. Students will also prepare for the Certified Professional Technical Communicator exam.

NASM Certified Personal Trainer and Exam Preparation

This online program will help you pass the NASM exam and earn your NASM Certified Personal Trainer certification, one of the most respected certifications in the fitness industry.

OMCA Email Marketing Associate

Want to learn more about email marketing? Make the most of your company's efforts and prepare for the OMCA certification exam.

OMCP Search Marketing Professional

Learn the scope of digital marketing and dive deep into Search Engine Optimization (SEO) techniques, while preparing to take the Online Marketing Certified Professional (OMCP) exam.

Paralegal

This program will prepare you for success in this growing career field. You'll learn about the American legal system, how to conduct legal research and legal interviews, how to perform legal analyses, and more.

Pharmacy Technician

Pharmacy technicians support licensed pharmacists in providing health care to patients. Train to enter this rapidly growing field with this respected online program.

To Enroll or learn more, visit or call us at:

www.careertraining.ed2go.com/laramieccc/

(307) 778-4381



ADMINISTRATIVE SUPPORT SPECIALIST

June 15-August 17

Approximately 20 hours of course
work each week (4 hours in classroom)

\$2,200 (Partial funding may be available)

See Page 10 for time and location.

Call 307.778.4381
for more information or to register.



BECOME A
CERTIFIED
TOURISM
AMBASSADOR

MORE INFO AT CHEYENNE.ORG/CTA

Adult Career and Education System (ACES)

ACES provides day and evening classes in Adult Education (AE), High School Equivalency Certificate (HSEC) preparation, Adult Secondary Education (ASE), and English as a Second Language (ESL). The classes are noncredit and available for residents 16 years of age or older. ACES is open fall, spring, and summer semesters.

ACES is located in the Career & Technical Building on the main LCCC campus. Call for class times, to schedule orientation, or for additional information.

Adult Education (AE)

AE provides instruction for those students wanting to upgrade their basic reading, writing, and math literacy skills.

High School Equivalency Certificate (HSEC) Preparation

Instruction is provided to prepare students to complete the HSEC. Classes include reading, writing, math, science, social studies, and college and career transitions. Students who are 16 or 17 years of age must complete age waiver requirements through ACES prior to taking the tests.

Adult Secondary Education (ASE)

ASE provides instruction for students who have their high school diploma or equivalent and want to improve their basic skills to upgrade their employment opportunities or pursue further education. Classes include reading, math, writing, and college transitions.

Career Training Opportunities Are Available

English as a Second Language (ESL)

This program provides opportunities for students to reach their language goals such as understanding, speaking, reading and writing the English language. Students will become more integrated into society by learning about American culture, customs and the rights and responsibilities of citizenship. The classes are designed for the non-native speaker of English.

Career Readiness Certificate (CRC)

Students have the opportunity to earn a CRC to demonstrate their skills and potential to employers.

High School Equivalency Certificate (HSEC) Testing

Individuals can choose between two different tests for their HSEC.

- ACES offers the HiSET/schedule at hiset.ets.org
- The Exam Lab offers the GED/schedule at ged.org

**TO REGISTER FOR CLASSES OR FOR
MORE INFORMATION, CALL 307.637.2450**

lccc.wy.edu/academics/services/adultEducation

These services are federally and state funded through Adult Education and Literacy Programs and the State of Wyoming, administered by the Wyoming Community College Commission.



CNC OPERATOR BOOTCAMP

May 22-July 20

Grant opportunities available for those who qualify.

For more information call **307.432.1687** or email dcurry@lccc.wy.edu

Check out our full schedule and register for classes

Fall 2023 Career Training

Certified Medical Assistant • Certified Pharmacy Technician



CALL 307.772.7351 OR EMAIL RMCELROY@LCCC.WY.EDU FOR MORE INFORMATION
(PARTIAL FUNDING MAY BE AVAILABLE TO QUALIFIED APPLICANTS)



Eastern Laramie County Outreach Center

607 Elm Street
Pine Bluffs, Wyoming 82082
Pinebluffs@lccc.wy.edu
lccc.wy.edu/easternLaramieCounty

307.432.1678

Register online @ lccc.wy.edu/enrichment

LIFE ENRICHMENT

Summer Art Series

Students will create one framed drawing or painting and one sculpture with air dry clay. All necessary supplies provided. Open to all participants grades K-8.

LIFE 8031.750	Th	09:00AM-11:00AM	ELCC
Sessions: 2	\$25	07/13/23-07/20/23	Paulette Dunnam

Introduction to Drawing

This introductory drawing course will teach you the basics of shape, form, light, placement, shading and terminology. By the end of the course, students will have completed a composition that will give them the basic knowledge that creates the illusion of 3-Dimensional space on a 1-Dimensional canvas. Students will need to supply their own 8X11 sketch pad.

LIFE 8029.750	WTH	12:30PM-02:20PM	ELCC
SESSIONS: 8	\$35	06/07/23-06/29/23	Pamela Hickman

*Check out Page 14 for
Adult Education and ESL classes*

OTHER SERVICES OFFERED IN PINE BLUFFS:

- Customized Business Training
- High School Equivalency Certificate (HSEC) Preparation
- English as a Second Language (ESL) program
- Test Proctoring for LCCC & Other Institutions
- Computer Lab
- Meeting Rooms with Audio/Visual Capabilities

Contact the Life Enrichment
office at
307.778.1236 or
lifeEnrichment@lccc.wy.edu
for more information



NOT SURE HOW YOU'LL **PAY FOR COLLEGE?**



**AT LCCC, 90% OF OUR STUDENTS
RECEIVE SOME FORM OF FINANCIAL
AID OR SCHOLARSHIPS.**

**450+ DONOR SCHOLARSHIPS ARE
AVAILABLE FROM THE LCCC FOUNDATION.**

Whatever your interest area — whether that's STEM, health care, business, ag, trades and tech or the arts and humanities — you can find the right fit for you! This year, the LCCC Foundation made 591 scholarship awards.

OVER \$950,000 AVAILABLE

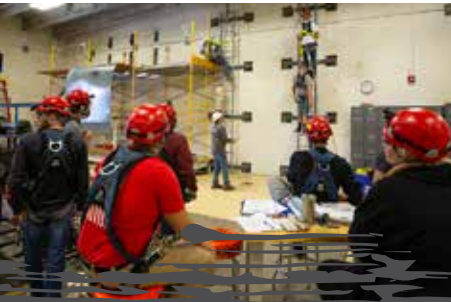


With over \$950,000 available for scholarship awards in 2023-24, you can get in on the action!

Apply today!

**PRIORITY APPLICATION
DEADLINE IS APRIL 1.**

VISIT **LCCC.WY.EDU/FINANCIALAID**
OR CALL 307.778.1265.



AREAS OF STUDY

- Automotive
- Diesel
- Electrical
- Industrial Systems
- Industrial Maintenance
- Welding
- Wind Energy

ACTIVITIES

- Skills-USA | Compete on State and National Level

PROGRAM LENGTH

Credit Diploma Programs

- Complete in one or two semesters (9 months)
- Exclusively technical and "hands-on" courses

Associates Degree

- Two-year program
- Credit for prior learning available for industry professionals

CAREER OPTIONS

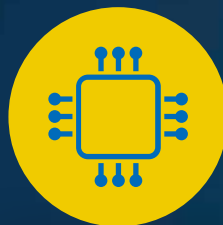
- High paying, high-demand jobs available in all program areas

**SCHOLARSHIPS
AVAILABLE**

Call 307.778.4360 or
email svanhorn@lccc.wy.edu



TAKE A TOUR! lccc.wy.edu/admissions



INFORMATION TECHNOLOGY

Areas of Study

- Cybersecurity
- Datacenter
- Network Administration
- Virtualization
- Cloud Administration
- Telecommunications
- Data Analytics
- Applied Programming
- Network Infrastructure

*Earn Industry Certifications
in a number of courses*

Activities

- Gaming Club
- TEK Eagles

**SCHOLARSHIPS
AVAILABLE!**



Come tour!

Call/Email for more information:
307.432.1631 | DMcIntosh@lccc.wy.edu



AG&EQUINE

Areas of Study

- Animal Science
- Ag Production
- Ag Business
- Equine Management
- Natural Resource Management

Teams Activities

- Livestock Judging
- Livestock Show Team
- Ranch Horse Team
- IHSA Western Equestrian Team
- IHSA Hunt Seat Equestrian Team
- Rodeo

— Scholarships Available! —

Come tour!

Call/Email for more information: 307.778.4335/kShockley@lccc.wy.edu



OTHER LCCC PROGRAMS



Soar TO NEW HEIGHTS

WITH LARAMIE COUNTY COMMUNITY COLLEGE'S
BACHELORS OF APPLIED SCIENCE DEGREE.

Complete a Bachelors of Applied Science to take your career to the next level. Graduates land promotions in management and administration roles in their fields.

- Pair the BAS degree to any Associate degree from LCCC or other accredited institution
- Gain comprehensive business knowledge with a strategic management focus
- Students learn how to apply principles learned in class and how it directly affects their industry
- Pick your classes: online or in-person
- Application open now for the Fall semester
- Scholarship & financial assistance available
- To learn more or apply visit: lccc.wy.edu/pathways/BAS



CONTACT LCCC FOR MORE INFORMATION:
CALL PROGRAM DIRECTOR JEFF SHMIDL AT 307.778.1343
OR EMAIL [JSHMIDL@LCCC.WY.EDU](mailto:jshmidl@lccc.wy.edu)

lccc.wy.edu



SPANISH IN WORKPLACE

CREDIT DIPLOMA

ONE-YEAR **COMPREHENSIVE** COURSE
WITH EVENING CLASSES TO FIT INTO
YOUR BUSY SCHEDULE.

ENROLL TODAY!

GO TO: [LCCC.WY.EDU/APPLY](https://lccc.wy.edu/apply)



**JOIN.
SING.
PLAY.**



THE LCCC MUSIC DEPARTMENT

offers many opportunities for ensemble performance! Ensembles are welcomed to any musician who knows how to sing or play an instrument ranging from 14-100+ years of age.

Enrollment is FREE, but also available for college credit. All rehearsals run from 6:30-8:20 p.m. Classes have rolling admission and no preregistration is required! Simply join us in the Music Rehearsal Studio (Fine Arts 139).

COLLEGIATE CHORALE

Mondays with Bethany Smith-Jacobs

WIND ENSEMBLE

Tuesdays with Dr. Frank Cook

JAZZ ENSEMBLE

Wednesdays with Dr. Frank Cook

CHAMBER ORCHESTRA

Thursdays with John Fritz

CHEYENNE BRASS BAND

Biweekly on Sundays with Nick Simons
& Dr. Frank Cook



Facility Rental at LCCC

Facilities & Events Office 307.778.1322

Whether you are planning a meeting for 10 or an event for 300 Laramie County Community College has a facility for you. Training, meeting, and event facilities located in the Clay Pathfinder building, the Center for Conference and Institutes, and the Training Center are available to rent.

As classes and college activities allow, the College Arena, the Surbrugg Prentice Auditorium (SPA), the Recreation & Athletics Complex (RAC) large gym, and other campus facilities may be rented by community organizations or individuals. The Surbrugg Prentice Auditorium (SPA) accommodates 400 in an auditorium setting. The SPA has a large performance stage, state-of-the-art lighting, sound, and audio-visual system.

Credit and noncredit classes and college activities take precedence over community rentals.



Let us host your next event in Cheyenne!



- Concerts
- Conferences
- Film Festivals
- Meetings
- Parties
- Plays
- Recitals
- Speakers Series
- Trainings
- Weddings

For more information about facility rental at LCCC, visit lccc.wy.edu/about/facilities, or contact:

Arlene Lester-Carlson
307.778.1291 • alester@lccc.wy.edu

Melissa Gallant
307.778.1322 • mgallant@lccc.wy.edu

Bernadette Espinoza
307.778.1382 • bespinoz@lccc.wy.edu

307.778.1322

FACILITIES & EVENTS



LCCC Life Enrichment *presents*
Southern Charm

April 21-27, 2024

Information session: June 27, 2023, 5:30 PM via Zoom
call 307.778.1236 or email LifeEnrichment@lccc.wy.edu to have a link emailed to you.



**Dental
Assistant**

Classes start
July 2023

Grant funding may
be available to
qualified applicants

Payment plans
available

CALL 307.772.7351 OR
EMAIL [RMCELROY@
LCCC.WY.EDU](mailto:RMCELROY@LCCC.WY.EDU)
FOR MORE
INFORMATION

CDL
Training and Certification Testing
Improve your driving skills with LCCC's CDL simulator.
Daytime and evening classes offered
Grant funding may be available to qualified applicants

**Call 307.778.4381
for more information!**

