

Laramie County Community College
 Associate Science: Exercise Science – Sport Management

Western Colorado University
 Bachelor of Science: Exercise and Sport Science – Sport & Fitness Management Emphasis

Section 1: Degree/Program Requirements (*see LCCC/Western degree plan below on page 10*)

A. Institutional graduation requirements for this degree program:

The graduation requirements for transfer students pursuing a Bachelor of Science degree in Exercise and Sport Science (ESS) – Sport & Fitness Management at Western Colorado University (Western) will be no different from the graduation requirements for a native student, including the minimum number of semester hours required for graduation. Therefore, all students must complete a minimum of 120 credits, 40 of which must be upper- division courses. To graduate, all ESS majors must have a “C-“ or better in all courses required in the major. Students who successfully complete the following courses and receive an ASD degree from Laramie County Community College (LCCC) will receive a BS from Western.

B. Required courses in Major, including prerequisites and required supporting courses:

LCCC Requirements:

General Education Requirements

Strategies for Success	STRT 1000	3
Public Speaking	COMM 2010.....	3
English Composition I	ENGL 1010.....	3
College Algebra.....	MAT 1400	3
Intro to Mass Media.....	COMM 1000.....	3
Intro to Photography.....	COMM 2400.....	3
Sociological Principles	SOC 1000	3
<u>Natural Sciences Gen Ed elective</u>		<u>4</u>
<i>Total General Education Requirements.....</i>		<i>25</i>

Program Requirements:

Intro to Sport Management.....	KIN 1010.....	3
Economics, Law, and Government.....	ECON 1200.....	3
Computer Information Systems.....	CMAP 1200	3
Macroeconomics.....	ECON 1010.....	3
Standard First Aid and Safety.....	HLED 1221	2
Personal Health.....	HLED 1006.....	3
Introduction to Business	BADM 1000.....	3
Sociology of Sport	SOC 1150.....	3
Recreation and Leisure in Modern Society ...	KIN 2200	2
Activity Class.....	PEAC XXXX.....	1
Principles of Management.....	MGT 2100.....	3
Principles of Marketing	MKT 2100.....	3
<u>History and Philosophy of Sport</u>	<u>KIN 2490</u>	<u>3</u>
<i>Total Program Requirements.....</i>		<i>35</i>
LCCC Total		60

Western Requirements:**ESS – Sport & Fitness Management Major Requirements:**

A minimum of 55 credits is required, including the 15-credit Exercise and Sport Science Nucleus, First Aid/CPR competency and the following:

ACC 201 Introduction to Financial Accounting	3
ACC 202 Introduction to Managerial Accounting	3
ECON 202 Microeconomics	3
ESS 282 Principles of Sport and Fitness Management	3
ESS 385 Program Design for Physical Activity Settings	3
ESS 405 Practicum in Exercise and Sport Science	1
ESS 440 Topics in Sport Management (must be taken twice)	6
ESS 450 Risk Management in Physical Activity Settings	3
ESS 498 Internship in Exercise and Sport Science	3
MATH 140 College Algebra	3
ROE 333 Recreation and Sport Marketing	3

One of the following:

BUAD 220 Computer Applications in Business	3
CS 120 Professional Computer Skills	3

One of the following:

ESS 382 Sport and Fitness Facility Management	3
ROE 466 Facilities Management	3

General Studies Requirements (select from approved list in Catalog):

I: Essential Skills	9
II: Liberal Arts	17
III: Arts and Humanities	9
Western Total	97



DEGREE PLAN

Exercise & Sport Science - Sport & Fitness Management – first two years at LCCC

FIRST YEAR							
Fall Semester				Spring Semester			
Course		Sem	CR	Course		Sem	CR
KIN 1010	Introduction to Sport Management	F	3	ECON 1200	Economics, Law, and Government	S	3
STRT 1000	Strategies for Success	F	3	BADM 1000	Introduction to Business	S	3
COMM 2010	Public Speaking	F	3	SOC 1150	Sociology of Sport	S	3
ENGL 1010	English Composition I	F	3	HLED 1006	Personal Health	S	3
MATH 1400	College Algebra	F	3	AECL 1000 or GEOL 1200 or BIOL 1002	Agroecology History of Earth Discovering Science	S	3
TOTAL 15				TOTAL 15			
SECOND YEAR							
Fall Semester				Spring Semester			
Course		Sem	CR	Course		Sem	CR
CMAP 1200	Computer Information Systems	F	3	COMM 2400	Intro to Photography	S	3
ECON 1210	Macroeconomics	F	3	MGT 2100	Principles of Management	S	3
KIN 2200	Recreation and Leisure in Modern Society	F	3	MKT 2100	Principles of Marketing	S	3
SOC 1000	Sociological Principles	F	3	COMM 1000	Intro to Mass Media	S	3
HLED 1221	Standard First Aid and Safety	F	2	KIN 2490	History and Philosophy of Sport	S	3
PEAC XXXX	Activity class	F	1				
TOTAL 15				TOTAL 15			
THIRD YEAR							
Fall Semester				Spring Semester			
Course		Sem	CR	Course		Sem	CR
ESS 320	Psychology of Sport & Physical Activity	F	3	ESS 382	Sport & Fitness Facility Management	S	3
ESS 385	Physical Activity Programming	F	3	ESS 440	Topics in Sport & Fitness Management	S	3
UD Elec	Upper Division Electives (ESS, minor or 2 nd Major)		9	ROE 333	Recreation & Sport Marketing	S	3
				UD Elec	Upper Division Electives (ESS, minor or 2 nd Major)	S	6
TOTAL 15				TOTAL 15			
FOURTH YEAR							
Fall Semester				Spring Semester			
Course		Sem	CR	Course		Sem	CR
ESS 405	Practicum in ESS	F	1	ESS 440	Topics in Sport & Fitness Management	S	3
ESS 450	Risk Management in P.A. Settings	F	3	ESS 495	Senior Seminar in ESS	S	3
ESS 490	Sociology of Sport & Physical Activity	F	3	ESS 498	Internship in ESS	S	3
UD Elec	Upper Division Electives (ESS, minor or 2 nd major)	F	9	UD Elec	Upper Division Electives (ESS, minor or 2 nd major)	S	6
TOTAL 16				TOTAL 15			
UPPER DIVISION MINIMUM 60				GRAND TOTAL 121			

Sem: F=Fall | S=Spring |

Western is committed to doing our part to provide each student a clear path to graduation. This four-year degree plan is a sample map for fulfilling requirements in the major and General Education. The pathway that you take to your degree may differ somewhat from this illustration, depending on where you start and the detours and side trips you may take along the way. You are responsible for ensuring your overall, upper division, and major-specific credits as well as GPA requirements are fulfilled for graduation.

For complete information about this degree program, please consult the university catalog at <http://www.western.edu/catalog>.