



LARAMIE COUNTY COMMUNITY COLLEGE
Life Enrichment

L.I.F.E.

learning is for Everyone

L.I.F.E. *learning is for Everyone*

Programming tailored to those who are 50+, retired, or semi-retired; however, anyone is welcome to register!

Three Saturday Sessions

April 9, 16, and 23, 2016

9:30 a.m. – 3:30 p.m.

8:30 a.m. Munch & Mingle

LCCC Health Science (HS) Building

Check-in: HS 111

\$75 Includes all three Saturdays, lunch, refreshments and snacks

\$55 Includes two Saturdays, lunch, refreshments and snacks

\$30 Includes one Saturday, lunch, refreshments and snacks

Registration

March 15 – April 1

307.778.1236

kquigley@lccc.wy.edu

April 9

Morning Sessions

How to Succeed in Small Claims Court

Learn what steps to take before you file in small claims court, how to do it, where to find the forms and what fees are involved.

Secrets to iPhone Photography

If you have an iPhone, then you have a very powerful tool for taking amazing photos!

Topics of the Third Reich

This exciting class will cover Adolf Hitler, the German elections of 1933, assassination attempts on Hitler, Ava Braun, and Hanna Reitsch.

ArTalks: Leonardo and the Last Supper

We will discuss the works of Leonardo da Vinci and his famous painting the Last Supper.

Beginning Bridge

You will learn basic bridge lingo, play actual bridge hands and more! If you've ever played War, you can learn to play bridge. See why bridge is considered the world's best card game with over 80 million players.

Lunch and Speaker

Outdoors in Wyoming — *Ty Stockton*

Afternoon Sessions

Fly Cheap, Stay Cheap, Travel Cheap

Discover the secrets of traveling in grand style on a limited budget. There will be an \$8 supply fee for this class payable to instructor.

Alzheimer's Disease: A Basic Overview

Learn more about Alzheimer's disease and what it does to the brain, memory and body. We will discuss Interventions and how to live and interact with someone suffering from this disease.

They Made Us Many Promises

Join us to learn about the History of Wyoming Indians.

Beginning Bridge

You will learn basic bridge lingo, play actual bridge hands and more! If you've ever played War, you can learn to play bridge. See why bridge is considered the world's best card game with over 80 million players.

Introduction to Social Media

We will overview Facebook, Instagram and Twitter; and show you how to use these popular social media outlets.

L.I.F.E.

Learning is for Everyone

*Learn something new!
Make new friends!
Munch and mingle!*

April 16

Morning Sessions

Searching the Internet for Maximum Results

Are you frustrated with your Internet searches? Learn how to specify your search in order to get the most important search results.

Topics of the Third Reich

We will cover the history of the Swastika and Fascist Salute, WWI and the Treaty of Versailles' impact on Germany and finally the origins of the Nazi Party.

Beginning Bridge

You will learn basic bridge lingo, play actual bridge hands and more! If you've ever played War, you can learn to play bridge. See why bridge is considered the world's best card game with over 80 million players.

Multigenerational Communication

LOL, BTW, OMG, #Y? Do you know what these mean? Your grandkids might be speaking a different language. We will discuss how to bridge the communication gap between the generations.

ArTalks: Carved in Stone- Michelangelo

We will discuss the works of the sculptor Michelangelo.

Lunch and Speaker

Wyoming Economics and Policies in the 1970's — *Stan Torvik*

Afternoon Sessions

Scanning Pictures and Photos to Digital Format

Learn how to scan photos to digital formats and to repair cracks and folds like new.

Continuing Bridge

This Bridge class is for anyone who completed the beginning class or for anyone returning to bridge after a long absence.

How to Succeed in Small Claims Court

Learn what steps to take before you file in small claims court, how to do it, where to find the forms and what fees are involved.

They Made Us Many Promises

We will introduce the history of the Pueblo Indians of the Southwest and explore their opposition to the Spanish invasion in the 16th and 17th centuries.

Nutrition and Health Aging

No matter your age, proper nutrition can greatly benefit the aging process. Learn how to improve your nutrition and create some great menu plans to use in everyday life.

Registration Begins March 15th!

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April 23

Morning Sessions

Keep Your Computer Running Fast and Safely

Does your computer run slower than it used to? This course will explore free virus protection and computer cleaning programs. And show you how to update your Flashplayer and Adobe programs.

How to Succeed in Small Claims Court

Learn what steps to take before you file in small claims court, how to do it, where to find the forms and what fees are involved.

Topics of the Third Reich

We will discuss Hitler's Germany, Germania, Hitler's metropolis, the 1936 Olympics, Autobahn, Hindenburg Zeppelin, VW-KDF car, the T4 program and the battle for Berlin in 1945.

ArTalks: Impressionist Monet

We will discuss Claude Monet's work and his time at Giverny.

Nutrition and Health Aging

No matter your age, proper nutrition can greatly benefit the aging process. Learn how to improve your nutrition and create some great menu plans to use in everyday life.

Lunch and Speaker

History of FE Warren AFB — *Paula Taylor*

Afternoon Sessions

Continuing Bridge

This Bridge class is for anyone who completed the beginning class or for anyone returning to bridge after a long absence.

Introduction to Social Media

We will overview Facebook, Instagram and Twitter; and show you how to use these popular social media outlets.

They Made Us Many Promises

Participants will be introduced to the attempt of the Cherokee to preserve their lands and resist removal in the 19th century.

Multigenerational Communication

LOL, BTW, OMG, OMY, #Y? Do you know what these mean? Your grandkids might be speaking a different language. This workshop will discuss how to bridge the communication gap between the generations.

Alzheimer's Disease: A Basic Overview

Learn more about Alzheimer's disease and what it does to the brain, memory and body. We will discuss Interventions and how to live and interact with someone suffering from this disease.