



LARAMIE COUNTY COMMUNITY COLLEGE

SAFETY FIRST! TRAINING SCHEDULE

307 778-4381

The following OSHA Classes are **being offered in summer and fall 2017** (minimum of 6 participants):

OSHA 10 HOUR GENERAL INDUSTRY SAFETY AND HEALTH 1.0 CEU This 10-hour course introduces students to OSHA policies, procedures, standards and general industry safety and health principles. Topics for this course will include OSH Act and General Duty, walking and Working Surfaces, Electrical Hazards, Hazardous Materials, Personal Protective Equipment, Machine Guarding and Hazard Communication. Upon successful completion, participants receive an OSHA General Industry Safety and Health 10-hour card. OSHA*0082 | 1 ½ Day Sessions | \$125 | All classes are from 8:00 a.m. to 3:30 p.m. Day 1 and 8:00 a.m. to 12:30 p.m. Day 2.
June 6 & 7 or July 18 & 19 or Aug 4 & 11 or Sept 1 & 8 or Oct 6 & 13 or Nov 3 & 10 or Dec 1 & 8, 2017

OSHA 30 HOUR GENERAL INDUSTRY TRAINING 3.0 CEUs The OSHA 30 Hour General Industry Outreach Training Course is a comprehensive safety program designed for anyone involved in general industry. A variety of safety topics are covered including OSHA the Agency, hazard identification, avoidance, control and prevention. OSHA*0144 | 5 Day Session | \$425 **May 15 through 19, 2017 from 8:00 a.m. to 5:00 p.m.**

H2S EMPLOYEE AWARENESS 0.4 CEUs This course is intended to provide employees with essential awareness level knowledge and skills needed to work safely in and around an H2S environment. Each participant is given the knowledge and competency required to recognize the potential presence and dangers of H2S. This H2S instruction program follows the ANSI Z390.1-1995 Hydrogen Sulfide Training Standard, as well as the current American Petroleum Institute Recommended Practices as the primary training criteria. OGOP*0344 | ½ Day Session | \$75 **Aug 25, 2017 from 8:00 a.m. to 11:00 a.m.**

OSHA CONFINED SPACE 0.6 CEUs Workers entering confined spaces are presented with serious safety hazards associated with a workspace hard to enter/exit and typically containing poor air quality. To protect against hazards, workers must be trained how to identify hazards the equipment and procedures required for safe entry. OSHA*0298 | ½ Day Session | \$120 **Sept 22, 2017 from 8:00 a.m. to Noon**

FORKLIFT TRAINING 0.4 CEUs Topics in this course will include OSHA standards, ANSI standards, mechanics of the forklift, and load handling procedures. OSHA*0224 | ½ Day Session | \$125 **Sept 15, 2017 from 8:00 a.m. to Noon**

SUPERVISOR SAFETY MODULE 1 0.8 CEUs Safety management concentrates on developing a sustainable culture of safety. Through training, supervisors will become familiar with key terms used in the safety field and with the elements of an effective safety management system. Safety and health training introduces the supervisor to the characteristics of adult learners and to the effective methods for presenting training to this audience. Communication is in every part of our workday. Supervisors are introduced to techniques that can improve communication about workplace safety practices. The training concludes by discussing strategies that include job safety analysis, job safety observation and safety inspections. OSHA*0131 | 1 Day Session | \$200 **Oct 20, 2017 from 8:00 a.m. – 5:00 p.m.**

LOCK OUT TAG OUT 0.4 CEUs This course covers the role and responsibility of the employer to develop and implement an energy control program, or lock-out/tag-out (LOTO) for the protection of workers while performing servicing and maintenance activities on machinery and equipment. Upon course completion, students have the tools to explain the importance of energy control programs, procedures, training, audits and methods of controlling hazardous energy. OSHA*0500 | ½ Day Session | \$75 **Aug 18, 2017 from 8:00 a.m. – 11:00 a.m. or Dec 15, 2017 from 8:00 a.m. to 11:00 a.m.**

***CALL US AT 307 778.4381 TO CREATE A CUSTOMIZED TRAINING CLASS FOR YOUR ORGANIZATION!**