

Pathway: Health Sciences & Wellness

Associate of Science, Exercise Science – Sport Management

The Exercise Science program is concerned with the many aspects of human movement and its application to physical activity and the quality of one's life. Sport Management is intended for students who are interested in positions within sport and recreation such as coach, athletic administrator, sports information director, compliance, intramural director, athletic academic advisor, recreation director, community recreation, and many other sport and recreation related fields. Students must complete the general education core and the Sport Management core courses. Students should carefully study the specific requirements of the institutions to which they plan to transfer. Based on student transfer needs, course substitutions are possible; however, the degree requirements must be met. Please speak with an Exercise Science advisor or faculty member to finalize your program of study.

Upon completion of all coursework, the student will earn an Associate of Science degree in Exercise Science – Sport Management. Students may find employment with their associate's degree. A Bachelor's degree or higher may be required for other positions within sport.



Contact Information

Contact information is available on the [Exercise Science](#) program website.

Competencies

Upon successful completion of this program, students will be able to:

1. Articulate professional codes of ethics to sport or recreation settings
2. Use professional communication skills in a variety of settings such as with supervisor, advertisers, potential sponsors/donors, and peers.
3. Explain how external factors such as state and federal regulations, the judicial system, and collective bargaining affect sports operations.
4. Articulate how the various agencies that govern the professional, collegiate, high school and amateur levels impact sport.
5. Describe the historical development of sport

Map your individual academic plan of courses with your College Advisor.

Students may need to take prerequisite courses before beginning college level math and English courses or moving through a program's course sequence. Check the [Course Descriptions](#) section of the catalog to see the course prerequisites. Students should work with their advising team on determining prerequisite requirements.

Certain courses may only be offered in Fall or Spring semester. Students who are part time or have unique circumstances should work with their Academic Advisors to develop their customized academic plan.

If students choose to transition to another program within the Health Sciences & Wellness pathway, they should be particularly aware of the choice points that indicate when a decision to branch off into another program must be made to ensure credits and time are not lost.

Coursework common to all degrees within this pathway is indicated by the ✓ in the Common Academic Coursework (CAC) column below.

First Semester

| Gen Ed | CAC | Course code | Course name | Credits | Milestones and Choice Points |
|--------|-----|-------------|----------------------------------|---------|---|
| | | KIN 1010 | Introduction to Sport Management | 3 | Milestone- Completion of ENGL 1010 and MATH 1400 as prerequisites for other courses. Choice Point- Students explore the many areas of sport in which careers may be developed. |
| SS | ✓ | STRT 1000 | Strategies for Success | 3 | |
| OC | ✓ | COMM 2010 | Public Speaking | 3 | |
| WC | ✓ | ENGL 1010 | English I: Composition | 3 | |
| QL | ✓ | MATH 1400 | College Algebra | 3 | |
| | | | Semester Total | 15 | |

Second Semester

| Gen Ed | CAC | Course code | Course name | Credits | Milestones and Choice Points |
|--------|-----|-------------|--|---------|---|
| | | BADM 1000 | Introduction to Business | 3 | Milestone- Students explore sport and relatedness to business. |
| | | SOC 1150 | Sociology of Sport | 3 | |
| | | HLED 1006 | Personal Health | 3 | |
| NS | | | Choose from AECL 1000 OR GEOL 1200 or BIO 1002 | 4 | |
| HSI | √ | | Choose an approved U.S./ Wyoming Constitution course – ECON 1200 Recommended | 3 | |
| | | | Semester Total: | 16 | |

Third Semester

| Gen Ed | CAC | Course code | Course name | Credits | Milestones and Choice Points |
|--------|-----|-------------|--|---------|---|
| | | CMAF 1200 | Computer Information Systems | 3 | Choice Point- Explore careers specific to recreation. |
| | | ECON 1010 | Principles of Macroeconomics | 3 | |
| | | KIN 2200 | Recreation & Leisure in Modern Society | 2 | Choice Point- Begin working with the four-year university regarding transfer upon degree completion. |
| | | HLED 1221 | Standard First Aid & Safety | 2 | |
| PS | | SOC 1000 | Sociological Principles | 3 | Choice Point- See listing of approved PEAC courses in the Approved Electives section below. |
| | | | Choose an approved PEAC course | 1 | |
| | | | Semester Total: | 14 | |

Fourth Semester

| Gen Ed | CAC | Course code | Course name | Credits | Milestones and Choice Points |
|--------|-----|-------------|-------------------------------|---------|---|
| | | MGT 2100 | Principles of Management | 3 | Milestone- Completion of the LCCC general education core and eligible for the Interstate Passport. |
| | | MKT 2100 | Principles of Marketing | 3 | |
| CE | | MMMM 2400 | Introduction to Photography | 3 | |
| HC | | MMMM 1000 | Introduction to Mass Media | 3 | Milestone- Completion of AS degree in Exercise Science – Sport Management. |
| | | KIN 2490 | History & Philosophy of Sport | 3 | |
| | | | Semester Total: | 15 | |

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|---------------------------|----|
| Program credit hour total | 60 |
|---------------------------|----|

Program Approved Electives

Students may choose from the following approved PEAC courses: PEAC 1012, PEAC 1046, PEAC 1047, PEAC 1245, or PEAC 1294.

Program Comments

The information below is intended to be a guide, and does not guarantee regional job placement, job availability, or a specific wage after completion of the program.

The AS in Exercise Science – Sport Management is intended for students who are wishing to transfer to a university and obtain a Bachelor's or Master's degree. Most of the potential careers listed below require a student to transfer and continue their education at the next level. Potential careers include coach, recreation manager, sports agent, athletic public relations manager and athletic events manager.

Additional information on careers in Exercise Science – Sport Management is available through [Career Coach](#).

Transfer Information

The AS Exercise Science – Sport Management degree is well suited for transfer to a Bachelor degree program. LCCC courses may transfer to institutions in addition to those with formal articulation agreements. Students are strongly encouraged to determine the degree requirements and transfer policy of the specific college/university and program to which they plan to transfer.