

Eastern Laramie County Outreach Center

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LIFE ENRICHMENT

Public Speaking

CO/M 2010.750 W 06:00PM-08:35PM ELCC 1
01/16/18-05/11/18 Holly Manning **3 Credits**

U.S. History to 1865

HIST 1211.750 TBA TBA ELCC TBA
01/29/18-05/11/18 Janna Kestner **3 Credits**

Wyoming History

HIST 1251.750 W 06:00PM-08:55PM BHS
01/29/18-05/11/18 Paula Taylor **3 Credits**

MS Excel 2013 Basic

ELCS 0414.750 F 09:00AM-04:00PM ELCC 2
SESSION: 1 \$99 02/16/18 Janice Cheever **1.4 CEUs**

MS Word 2013 Basic

ELCS 0416.750 T 09:00AM-04:00PM ELCC 2
SESSION: 1 \$99 02/06/18 Janice Cheever **1.4 CEUs**

Ms Excel 2013 Intermediate

ELCS 0426.750 F 09:00AM-04:00PM ELCC 2
SESSION: 1 \$99 03/09/18 Janice Cheever **1.4 CEUs**

Ms Publisher 2013 Basic

ELCS 0461.750 T 09:00AM-04:00PM ELCC 2
SESSION: 1 \$99 03/13/18 Janice Cheever **1.4 CEUs**

MS Excel 2013 Advanced

ELCS 8957.750 F 09:00AM-04:00PM ELCC 2
SESSION: 1 \$99 04/06/18 Janice Cheever **0.7 CEUs**

Workplace Professionalism

0.7 CEUs
Developing the Professionalism Trio: Character, Company and Customer is what this training is all about. Participants will explore and apply skills to enhance their workplace professionalism. Topics include: Attitude, customer service, time management, integrity and goal-setting.

ELCS 0403.750 T 09:00AM-04:00PM ELCC 1
SESSION: 1 \$79 05/08/18 Melissa Martin

Workplace Stability

0.7 CEUs
There is no question that increased worker stability boosts productivity, retention, and morale, which leads to greater profitability-but it may yet be a challenge you need to address. Why would an employer want to increase the personal and professional stability of workers? And how exactly can businesses go about it? This class addresses all these issues and more.

ELCS 0541.750 T 09:00AM-04:00PM ELCC 1
SESSION: 1 \$79 05/15/18 Melissa Martin

- Customized Business Training
- High School Equivalency Certificate (HSEC) Preparation
- English Language Acquisition (ELA) program
- Career and Job Readiness Coaching
- Placement Testing (McCann/ALEKS)
- Test Proctoring for LCCC & Other Institutions
- Computer Lab
- Meeting Rooms with Audio/Visual Capabilities

Please call 307.432.1678 or email KKashin@lccc.wy.edu

Alzheimer's Disease Overview

This overview of the most prevalent dementia in older individuals is frequently misunderstood and much feared. This common sense class is presented in easy to understand terms. A basic understanding of what Alzheimer's disease is and what it is not is presented. An overview of the medications, and current research is discussed. Practical approaches in dealing with individuals with Alzheimer's disease are offered. Discussion on dealing with dementia and driving is also undertaken.

LIFE 8010.750 M 06:30PM-08:30PM ELCC1
SESSION: 1 \$10 04/16/18 Charlie Simineo

Driver's Education

The driver's education course is a program consisting of 30 classroom hours, six hours of one-on-one driving experience and six hours of observation as set forth by the Wyoming State Department of Education. The course meets the basic requirements of the Wyoming Department of Transportation.

REQUIREMENTS: (1) one parent must attend the first 1/2 hour of the first class (for those students under 18), (2) student must have their driving permit prior to registration (3) student must provide their own (insured) vehicle for the one-on-one driving portion of the class and (4) attendance is required at each class for certificate to be issued. Students who do not successfully complete the course may be eligible for additional instructional time for a fee.

LIFE 8002.750 F 08:00AM-04:30PM ELCC 1
Sa 08:00AM-12:00PM ELCC 1
T 05:30PM-08:30PM ELCC 1
SESSIONS: 6 \$310 04/10/18-04/21/18 Jim Wollack

Kids Crafts Grades K-3 and 4-6

Kids love crafts! Participants in this class will make crafts that are themed based on the time of year or an approaching Holiday. This is a wonderful way for your child to make gifts for friends and/or loved ones. All materials will be provided to complete the planned craft project. Registration is required 7 days in advance of class so that we can have sufficient materials on hand for the class.

LIFE 8007/8.750 Sa 09:00AM-11:00AM ELCC 1
SESSION: 1 \$10 01/27/18 Staff

LIFE 8007/8.751 Sa 09:00AM-11:00AM ELCC 1
SESSION: 1 \$10 04/07/18 Staff

Use All Your Camera Not just "P for Professional"

Did you get a new digital camera for Christmas? Somebody paid a lot of money for it. Don't be afraid to take it out of "Program" mode and use all the functions it has. This class will explain what each function does, and when you'd want to use them. It's the first step to using that camera to take great pictures, rather than just snapshots.

LIFE 8014.750 Sa 09:00AM-03:00PM ELCC 1
SESSION: 1 \$50 01/06/18 Ty Stockton

Zumba

Physically active class encouraging fitness and expression through dance with focus on Latin steps including: Cumbia, Reggaeton, Salsa, Dance Hall, Merengue and others. The dances use between 3-5 different steps which are repeated throughout the song which makes it easy to follow! A great workout where you Fitbit addicts will get between 5000-7000 steps in one hour! All levels welcome.

LIFE 8003.750 MW 06:00PM-07:00PM ELCC GYM
SESSIONS: 8 \$40 01/03/18-01/31/18 Lisa Williams
No class January 15.

LIFE 8003.751 MW 06:00PM-07:00PM ELCC GYM
SESSIONS: 8 \$40 02/05/18-02/28/18 Lisa Williams
Feb. 14 class to be held on Thursday, Feb. 15.

LIFE 8003.752 MW 06:00PM-07:00PM ELCC GYM
SESSIONS: 8 \$40 03/05/18-03/28/18 Lisa Williams

LIFE 8003.753 MW 06:00PM-07:00PM ELCC GYM
SESSIONS: 9 \$45 04/02/18-04/30/18 Lisa Williams

LIFE 8003.754 MW 06:00PM-07:00PM ELCC GYM
SESSIONS: 8 \$40 05/02/18-05/30/18 Lisa Williams
No class May 28.